



United States Adaptive Recreation Center

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Summer 2019

Dear USARC Volunteer,

The United States Adaptive Recreation Center is preparing another summer of fun and adventure, offering instruction in water skiing, Jet skiing, fishing, sailing, and kayaking. Don't forget about the **Junior Volunteer Program**. This program can help with school credit, leadership skills and exposure to a population that is generally overlooked. To be eligible you must be 16 years of age and have parent's permission. So, if you know anyone that would be a good Junior Volunteer, send them our way! We are looking forward to your help and dedication for the upcoming summer. For you new volunteers welcome and thank you! We hope you find your time with USARC both rewarding and worthwhile.

Throughout the months of July and August volunteers can help in a variety of capacities, from programming to special events, in Big Bear Lake.

Please read through the following opportunities, select as many programs and dates as you are able, thoroughly complete the volunteer application and mail it back as soon as possible. Please note there are a limited number of volunteers needed for some opportunities.

Summer Watersports

It's summer, so lets have fun! During the days of the overnight sessions (**July 21-23 and July 24-26**) disabled and non-disabled participants are introduced to water-skiing, fishing, sailing, kayaking, stand-up paddle boarding and jet-skiing. Each evening, participants and volunteers camp at the wheelchair-accessible Serrano Campground. The single-day programs water-skiing/jet-skiing (**July 10,11,17,18,31 August 1,7,8,21,22,28,29**). However, groups booking an entire session can, and often do, change the content (to kayaking and sailing, for example.)

Expertise in the water sports activities is not necessary, due to the team approach. During these sessions, duties may include helping on the dock, aboard a sailboat, water-ski boat, kayak, or fishing boat, jumping off jet skis, serving lunch, helping participants transfer from wheelchairs to boats or water skis and back, setting up tents, making s'mores, you name it! For overnight sessions, you will need to provide your own camping gear and some other items, but all of your meals will be provided. The single-day sessions will require water gear as session content dictates. Your confirmation will detail the recommended equipment for your chosen session(s).

Returning summer volunteers who did their 6 days last summer are not required to attend training, though it is recommended to refresh your skills (and it would be helpful to the USARC staff to have you there!) New summer volunteers must attend a one-day training session prior to volunteering. Two training sessions are offered **June 29 in Big Bear** or **August 12 in Long Beach**. We ask you to commit to six days of volunteering, including two of the Big Bear overnight sessions and two of the Big Bear single-day sessions, though you are welcome and encouraged to volunteer even more! **Volunteers must be 16 years of age and recommend health insurance**. The day camps in Long Beach are a Casa Colina event, and **do not count** toward your six-day Big Bear volunteer commitment.

Gratefully yours,

The USARC Staff

Please print legibly and fill out completely, including the waiver on the reverse side, thank you.

Name:	
Mailing Address:	
City:	
State:	Zip:
County (ie: LA, Orange, San Bernardino):	
Home Phone:	
Cell Phone:	
Work Phone:	
Email:	
Emergency Contact:	Phone:

Birthdate:	Gender:
T-shirt size:	Hat size:
Place of Employment:	
Occupation:	
Health Insurance Company:	
Policy #	SS#(new vols only)
Reference: (not family)	
Reference Phone:	
Reference Relationship:	

Aside from the USARC, what organizations have you volunteered for or what experience do you have with people with disabilities?

Please detail any affirmative answers, using additional paper and including documentation as needed:

- Have you volunteered for the USARC summer program? Yes No List all years: _____
- Do you know other languages (sign, Spanish, etc.)? Yes No _____
- Have you been convicted of a felony law violation? Yes No _____
- Do you have any specific dietary requirements? Yes No _____
- Do you have any allergies? (medications, food, latex etc.) Yes No _____
- Do you need to limit your activities for any reason? Yes No _____
- I am experienced in: Swimming Water Skiing Sailing Kayaking Camp Counseling
Kayaking/SUP Fishing Jet Skiing Boat Driving Mountain Biking
- I hold certification in: W.S.I. Lifeguard Training First Aid E.M.T. Adapted Aquatics
For-Hire Vessel Operator Other _____
- How did you hear about the USARC? _____

Please circle all dates / sessions that you will be attending, noting the requirements for each option on the enclosed letter.

- Summer Training (check one)** Saturday, June 29 (Big Bear) Monday, August 12 (Long Beach)
- Overnight Camps / Big Bear (check one)** July 21-23 July 24-26
**All volunteers must attend camp orientation on the first night of each overnight session*
- Single Day Camps Big Bear (circle at least two dates)** July 10, 11, 17, 18, 31 Aug. 1, 7, 8, 21, 22, 28, 29
- Land Meets Sea Sports Camp:** August 13 (Tue), Aug 14 (Wed), Aug 15 (Thurs)
**Casa Colina is once again putting on the Land Meets Sea Sports Camp. If you are interested in volunteering, you need to contact Jacqueline directly at 310-963-6557. These days do not count towards your six USARC days.*

Military/Veteran Information	Participant Type
List Actual Years Served(i.e. 2010,2011,etc):	<input type="checkbox"/> Service Member Injured Post 2001
Branch	<input type="checkbox"/> Service Member Injured Pre 2001
Rank	<input type="checkbox"/> Guest/Family Member
Date of Injury	<input type="checkbox"/> Veteran Support Staff
Place of Injury	<input type="checkbox"/> Other _____

Disabled Sports USA Waiver & Release of Liability, and Media Release Agreement

Disabled Sports USA, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. The purpose of this agreement is to exempt, waive and relieve Released Parties from any and all liability for wrongful death, personal injury, and property damage, including, but not limited to, liability arising from the negligence of Released Parties. “Released Parties” include Disabled Sports USA, United States Adaptive Recreation Center and their representatives, administrators, directors, agents, coaches, employees, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

In consideration of the undersigned Participant being allowed to participate in any way in Disabled Sports USA and/or United States Adaptive Recreation Center related events and activities, the Undersigned (“Undersigned” means the Participant or the Participant’s parent, legal guardian, or legal representative when the Participant is under the age of 18 or legally incapacitated) agrees and acknowledges as follows:

1. Risks of Activity. Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.

2. Release and Indemnification. Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant’s participation in the activities, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims or demands, including legal fees

and expenses whether or not in litigation, arising out of, or related to, Participant’s participation in the activities.

3. Helmet Use. Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant’s failure to use a helmet.

4. Miscellaneous. Undersigned agrees (a) Participant will not engage in any activities prohibited by any applicable laws, statutes, regulations and ordinances; (b) this agreement shall be governed by the laws of the State of California and the exclusive jurisdiction and venue for any claim shall be located in the state courts located in San Bernardino County, California; and (c) this agreement shall be binding upon the subrogors, distributors, heirs, next of kin, executors, and personal representatives of the Undersigned.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THAT I AM RELEASING LEGAL RIGHTS THAT OTHERWISE MAY EXIST.

Participant’s Signature	Participant's Name (please print clearly)	Date

FOR PARTICIPANTS UNDER THE AGE OF 18 OR LEGALLY INCAPACITATED

Undersigned parent, or legal guardian or legal representative acknowledges that he/she is not only signing this Agreement on his/her behalf, but that he/she is also signing on behalf of the minor or legally incapacitated adult and that the minor or the legally incapacitated adult shall be bound by all the terms of this agreement. Additionally, by signing this agreement as the parent, or legal guardian or legal representative of a minor or legally incapacitated adult, the parent, legal guardian or legal representative understands that he/she is also waiving rights on behalf of the minor or legally incapacitated adult that the minor or legally incapacitated adult otherwise may have. The Undersigned parent, or legal guardian or legal representative agrees that, but for the foregoing, the minor or legally incapacitated adult would not be permitted to participate in the activities. If signing as the parent, legal guardian or legal representative of a minor or legally incapacitated Participant, signing adults represent that they are a parent, legal guardian or legal representative of the Participant.

Minor’s DOB	Parent/Legal Guardian or Representative Signature	Parent/Legal Guardian or Representative Name	Relationship	Date

MEDIA RELEASE FORM

MEDIA/PHOTO WAIVER: Undersigned authorizes and gives full consent to Released Parties to copyright and/or publish for public view any and all photographs, digital recordings, videotapes and/or film in which Participant appears. Undersigned agrees that Released Parties may transfer, use, or cause to be used, these digital recordings, photographs, videotapes, or films for any exhibitions, public displays, publications, commercials, art and advertising purposes, television programs, and internet without limitations or reservations.

Participant’s Signature	Participant's Name (please print clearly)	Date

Parent/Legal Guardian or Representative Signature	Parent/Legal Guardian or Representative Name	Relationship
		Date