

**NEW CASTLE SENIOR CENTER
FEBRUARY
WEEKLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 9:15 Park Walk 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 9:15 Park Walk 10:00 Wii Bowling 10:30 Knit/ Crochet 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/ Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 10:00 Crafty Seniors 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 9:15 Park Walk 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/ Arthritis Exercise 12:00 Lunch

FEBRUARY MONTHLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			9:00 Bank & PO 12:30 Food Lion 5:00 Pot Luck Dinner	12:30 New Castle Farmer's Market
5	6	7	8	9
10:00 Paparazzi Jewelry Sale	9:00-12:00 AARP Tax Aide	9:30 Goodwill & Wegmans 10:00 Chair Yoga 10:00 Pinochle 10:00 Adult Coloring	10:00 Foot Care Clinic 12:30 Shop Rite	12:00 Bayada "Heart Healthy"
12	13	14	15	16
11:00 Book Club	9:00-12:00 AARP Tax Aide 12:30 Pokeno	10:00 Care Wear 10:00 Gilpin Hall "Preparation for Life Changes"	9:00 Bank & PO 10:00 Blood Pressure Screenings 12:30 Food Lion	12:30 Brain Boosters
19	20	21	22	23
CENTER CLOSED PRESIDENT'S DAY	9:00-12:00 AARP Tax Aide	10:00 Blood work 10:00 Pinochle 10:00 Reminisce Grp 11:00 Lunch out-Red Lobster	9:00 Stand by Me 12:30 Foot Care Clinic 12:30 Shop Rite 4:00 Movie Club	12:30 Dollar Store
26	27	28		
10:00 DJ Ike 12:15 Birthday Celeb 12:30 Brain Boosters	9:00-12:00 AARP Tax Aide 12:30 Food Distribution	10:00 Christiana Spine Center "Taking Care of your Back"		For snow closings WDEL 1150 am or www.wdel.com