

MON	TUE	WED	THU	FRI
<p>2</p> <p>LABOR DAY</p>	<p>3</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> BBQ Pork Riblets with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Breadsticks with Marinara</p>	<p>4</p> <p><u>AM Snack</u> Waffles and Applesauce with Seasonal Fruit</p> <p><u>Lunch</u> Hamburger with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Fresh Veggie Sticks with Ranch</p>	<p>5</p> <p><u>AM Snack</u> Cottage Cheese & Peaches with Seasonal Fruit</p> <p><u>Lunch</u> Grilled Sweet & Sour Chicken with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Celery Sticks with Hummus Dip</p>	<p>6</p> <p><u>AM Snack</u> Zucchini Bread & Seasonal Fruit</p> <p><u>Lunch</u> Veggie Fried Rice with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Baked Veggie Straws with Avocado Dip</p>
<p>9</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Baked Potato Skins with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Cheddar Goldfish Crackers</p>	<p>10</p> <p><u>AM Snack</u> Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p><u>Lunch</u> Beef Soft Tacos with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Chex Mix</p>	<p>11</p> <p><u>AM Snack</u> Plain Yogurt with Mixed Berries and Seasonal Fruit</p> <p><u>Lunch</u> Spaghetti & Meatballs with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Shelled Edamame</p>	<p>12</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Grilled Cheese on Sourdough with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Fresh Veggie Sticks with Ranch</p>	<p>13</p> <p><u>AM Snack</u> Mini Muffin & Seasonal Fruit</p> <p><u>Lunch</u> Lemon Herb Chicken Drumsticks with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Egg Salad with Crackers</p>
<p>16</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Red Beans & Rice with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Wheat Thins & Mozzarella String Cheese</p>	<p>17</p> <p><u>AM Snack</u> Waffles and Applesauce with Seasonal Fruit</p> <p><u>Lunch</u> Vegetable Chili & Crackers with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Breadsticks with Marinara</p>	<p>18</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Mediterranean Chicken & Couscous with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Fresh Veggie Sticks with Ranch</p>	<p>19</p> <p><u>AM Snack</u> Nutri Grain Bar with Seasonal Fruit</p> <p><u>Lunch</u> Garlic Cheese Bread & Meatballs with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Celery Sticks with Hummus Dip</p>	<p>20</p> <p><u>AM Snack</u> Zucchini Bread & Seasonal Fruit</p> <p><u>Lunch</u> Cheese Pizza with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Baked Veggie Straws with Avocado Dip</p>
<p>23</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Cheese Omelets with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Cheddar Goldfish Crackers</p>	<p>24</p> <p><u>AM Snack</u> Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p><u>Lunch</u> Chicken Tikka Masala with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Chex Mix</p>	<p>25</p> <p><u>AM Snack</u> Plain Yogurt with Mixed Berries and Seasonal Fruit</p> <p><u>Lunch</u> Chicken & Veggie Pot Stickers with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Shelled Edamame</p>	<p>26</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Baked Chicken Tenders with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Fresh Veggie Sticks with Ranch</p>	<p>27</p> <p><u>AM Snack</u> Mini Muffin & Seasonal Fruit</p> <p><u>Lunch</u> All American Burger with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Egg Salad with Crackers</p>
<p>30</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Cuban Plantains & Rice with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Wheat Thins & Mozzarella String Cheese</p>			<p>Breakfast Portion Grain/Bread: 1/2 slice, 1/2C, or .5 oz Fruit: 1/2C Milk: 3/4C or 1/2C <2 yr Lunch Portion Meat/Alt 1.5 oz, Grain/Bread 1/2 slice or 1/4C, Veg & Fruit (2 types) 1/2C total, Milk 3/4 cup or 1/2 cup <2 yr PM Snack Portion Veg or Fruit 1/2C, Meat/Alt 1 oz or 1/4C Grain /Bread: 1/2 slice or 1/3C or .5oz</p>	<p>Most Entrees Cooked from Scratch. Organic Produce Served when Possible, Conventional Produce Follows the "Shoppers Guide to Pesticides" Methodology to Reduce Potential Pesticide Exposures up to 92%</p> <p>We Feature Humanely Raised Meats Milk is Hormone & Antibiotic Free Snack Rotation Subject to Change</p>