

**NEW CASTLE SENIOR CENTER  
MARCH  
WEEKLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 9:15 Park Walk 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 9:15 Park Walk 10:00 Wii Bowling 10:30 Knit/ Crochet 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/ Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 10:00 Crafty Seniors 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 9:15 Park Walk 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/ Arthritis Exercise 12:00 Lunch

**MARCH MONTHLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
<b>For snow closings</b>  WDEL 1150 am or www.wdel.com	<b>Don't forget our St. Patrick's Day fundraiser on March 3<sup>rd</sup>!</b>		9:00 Bank & PO  12:30 Food Lion  5:00 Pot Luck Dinner	9:30 Brain Boosters
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
10:00 Adult Coloring  12:45 Members Mtg	9:00-12:00 AARP Tax Aide	8:45 Phila Flower Show 10:00 Chair Yoga 10:00 Pinochle	9:45 Foot Care Clinic  12:30 Shop Rite	12:30 New Castle Farmer's Market
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
10:00 St. Francis Life: LIFE is for Seniors 11:00 Book Club	9:00-12:00 AARP Tax Aide  12:30 Pokeno	9:30 DE Art Museum w/ lunch in the cafe 10:00 Care Wear	9:00 Bank & PO 10:00 Blood Pressure Screenings  12:30 Food Lion	9:30 McAleer Irish Dancers  11:30 Irish Trivia
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
10:00 DE Hospice: Exercise for the Brain 11:00 Lunch out-McGlynns	9:00-12:00 AARP Tax Aide	10:00 Blood work 10:00 Pinochle 10:00 United Health Care: Resources for Rx Drugs & Medicare Information	9:00 Stand by Me 12:30 Foot Care Clinic 12:30 Shop Rite  4:00 Movie Club	12:30 Dollar Store
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
10:00 Matter of Balance 10:00 DJ Ike  12:15 Birthday Celeb 12:30 Brain Boosters	9:00-12:00 AARP Tax Aide  12:30 Food Distribution	9:00-3:00 AARP Driver Safety Basic Class 9:30 Mammograms 10:00 Reminisce Group	12:30 Food Lion	<b>CENTER CLOSED</b>  <b>GOOD FRIDAY</b>