Welcome to Schuster Dental PC
At Schuster Dental PC we take pride in offering quality, convenient dental care for the entire family. We provide many dental services including dental hygiene, crowns, dentures and various cosmetic procedures. We accept most insurance plans and offer convenient payment options, including CareCredit, to fit any budget. To contact us please call Schuster Dental at 586-751-6030. Our expanded hours have been well received and are continuing to fill,

Thanks!

New Patients Welcome!
We welcome all new patients and thank you for the many referrals we have received. Proper dental care is important at all ages. Maintaining good dental health requires taking care of your teeth every day and having regular dental check-ups.

New e-mail address: We recently changed our internet provider, which required a change to our e-mail address. Our new e-mail address is drmark@SchusterDentalPC.comcastbiz.net.

Kid’s Corner

February is National Children’s Dental Health Month and the Michigan Dental Association and American Dental Association encourage all kids to join the Super Smile Team and fight to good oral health!

Oral health issues cause millions of lost school hours each year and are almost entirely preventable through regular oral health care. For information on the importance of oral health and how to keep a winning smile for a lifetime, please visit:

- Dental Games and Videos

Despite the fact that tooth decay is almost entirely preventable, it is the most common chronic childhood disease, five times more common than asthma. More than 40 percent of children between the ages of 2 and 11 have had a cavity in their baby teeth, and more than two-thirds of 16- to 19-yearolds have had a cavity in their permanent teeth. Right here in Michigan, more than 50 percent of third graders have experienced tooth decay. Although overall rates of tooth decay have decreased over the past four decades, decay has actually increased in preschool age children in recent years.
"Children’s teeth are meant to last a lifetime, and a healthy smile is important to a child’s self-esteem. With proper care, a balanced diet and regular dental visits, their teeth can remain healthy and strong," said Dr. Norm Palm, MDA President.

Learn how you can incorporate proper dental health practices in your home! Fun and educational tools for you and your kids are available on the MDA’s website, www.smilemichigan.com, or the American Dental Association’s Mouth Healthy website, www.mouthhealthy.com.

**Cleaning Your Child’s Teeth**

- Begin cleaning your baby’s mouth during the first few days after birth by wiping the gums with a clean, moist gauze pad or washcloth. As soon as teeth appear, decay can occur. A baby’s front four teeth usually push through the gums at about 6 months of age, although some children don’t have their first tooth until 12 or 14 months.

- For children younger than 3 years, caregivers should begin brushing children’s teeth as soon as they begin to come into the mouth by using fluoride toothpaste in an amount no more than a smear or the size of a grain of rice. Brush teeth thoroughly twice per day (morning and night) or as directed by a dentist or physician. Supervise children’s brushing to ensure that they use the appropriate amount of toothpaste.

- For children 3 to 6 years of age, use a pea-sized amount of fluoride toothpaste. Brush teeth thoroughly twice per day (morning and night) or as directed by a dentist or physician. Supervise children’s brushing and remind them not to swallow the toothpaste.

- Until you’re comfortable that your child can brush on his or her own, continue to brush your child’s teeth twice a day with a child-size toothbrush and a pea-sized amount of fluoride toothpaste. When your child has two teeth that touch, you should begin **flossing** their teeth daily.

**Payment options:** We are now accepting American Express payments. Talk to us about Care Credit; Beth is now certified on CareCredit processing.

**SUGGESTIONS??????**

We want the Schuster Dental PC Newsletter to be a must read for you and your family. Please send us your comments and suggestions. **Email** us your suggestions!