



# City Fare Menu February 2018



Monday

Tuesday

Wednesday

Thursday

Friday

			2/1 Diced Chicken w. Dressing & Gravy Sweet Potatoes Peas Fresh Pear Cranberry Sauce	2/2 Seasoned Flounder Macaroni & Cheese Stewed Tomatoes Banana Yogurt Split Sundae with Chocolate Syrup
2/5 Broccoli Stuffed Chicken with Gravy Au Gratin Potatoes Crinkle Cut Carrots Strawberry Waffle Cookie	2/6 Roast Pork w. Gravy Baked Sweet Potato Green Beans Fruit Cocktail Ultimate Grain Bread	2/7 Meatloaf with Marsala Mushroom Gravy Mashed Potatoes Brussels Sprouts Applesauce Apple Waffle Cookie	2/8 Turkey Burger w. Swiss Cheese, BBQ sauce, Pineapple Slice on Whole Wheat Bun Roasted Potato Wedges Orange <b>HULA BURGER</b>	2/9 Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Chocolate Pudding
2/12 Herbed Baked Chicken Roasted Baby Bakers Italian Beans Chocolate Bread	2/13 Meatballs in Marinara over Penne Pasta Mixed Salad with Onion & Tomato Applesauce Ultimate Grain Bread	**2/14** Vegetable Lasagna with Blush Sauce Mixed Salad w. Onion & Tomato Italian Ice Wheat Roll <i>Happy Valentine's Day</i>	2/15 Chicken & Dumplings Scandinavian Blend Veggies Diced Peaches Yogurt	2/16 Seafood Crab Cake Corn Baby Lima Beans Fruit Cocktail Wheat Dinner Roll Tartar Sauce
2/19  <b>CENTER CLOSED</b>  <b>PRESIDENT'S DAY</b>	2/20 Hamburger w. Cheddar on Hamburger Bun Lettuce & Tomato Minestrone Soup Pineapple Tidbits Crackers	2/21 Turkey with Gravy Baked Sweet Potato Nantucket Blend Veggies Fresh Apple Ultimate Grain Bread Cranberry Sauce	2/22 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit	2/23 Salmon with Lemon Dill Sauce Baked Potato Broccoli Cuts Wheat Dinner Roll Rice Pudding Sour Cream
2/26 Swedish Meatballs over Egg Noodles California Blend Veggies 12 Grain Bread Tropical Fruit	2/27 Diced Chicken w. Dressing & Gravy Sweet Potatoes Peas Fresh Pear Cranberry Sauce	2/28 Pot Roast w. Gravy Baked Potato Crinkle Cut Carrots Wheat Dinner Roll Applesauce Sour Cream 		

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.25. People under age 60 must pay \$5.00