This media installation uses elements of nature – air and earth - to help “empty our cup of assumptions.”

Through the performance, the artist aims to draw a parallel to our mental process, specifically, its need to constantly let go of assumptions, thus opening ourselves to new thoughts and perspectives. This one-act performance is directly inspired by an age-old Hindu religious practice that is part of a Hindu’s daily life; a practice that is simultaneously a form of meditation, a test of physical endurance and mental clarity, an aesthetic tribute to divinity, and an acknowledgement of the impermanence of all things material (as the art is recreated everyday).

The materials used here are: white sand, rice flour, salt and Kumkum (a powder used for social and religious markings in India, which is either made from turmeric or saffron).

The animated text that is projected here comes from the NYC community, who shared their thoughts on assumptions they make or face on a regular basis. By emphasizing the ephemeral nature of the art through recreating it along with the changing text, the artist hopes to help catalyze the process of clearing away our assumptions.