

NEW CASTLE SENIOR CENTER
APRIL
WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 10:30 Wii Bowling 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/Arthritis Exercise 12:00 Lunch

APRIL MONTHLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
10:00 Adult Coloring	9:00-1:00 AARP Tax Aide	9:30 Mammograms 10:00 AmeriHealth 10:00 Pinochle 10:00 Chair Yoga 1:30 YMCA Diabetes Prevention Program	9:00 Bank & PO 12:30 Shop Rite 5:00 Pot Luck Dinner with Speaker	11:30 Brain Boosters 12:30 New Castle Farmer's Market
8	9	10	11	12
10:00 Reminisce Group	9:00-1:00 AARP Tax Aide 12:30 Pokeno	10:00 Care Wear 10:00 Presentation: Genetic Screenings 11:00 Lunch out: Smiley's Diner	9:30 Massage Program 12:30 Food Lion	12:00 Gunning Bedford Jazz Band
15	16	17	18	19
10:30 Book Club		9:00-1:00 AARP Driver Safety Refresher Class 9:30 Skippack, PA 10:00 Pinochle 10:00 Blood Work	9:00 Bank & PO 10:00 Blood Pressure Screenings 12:30 Shop Rite 3:30 Old is Not Easy	CENTER CLOSED GOOD FRIDAY
22	23	24	25	26
10:00 Giant Food Store Nutritionist: 6 Steps to Better Health	12:30 Food Distribution	9:30 Trip to Chesapeake City	9:00 Stand by Me 12:30 Food Lion 4:00 Movie Club	12:00 Entertainment: Craig Satchell
29	30			29
10:00 Bathfitters: More About Safety 12:15 Birthday Celeb 12:30 Brain Boosters				For snow closings WDEL 1150 am or www.wdel.com