



2016 ANNUAL REPORT

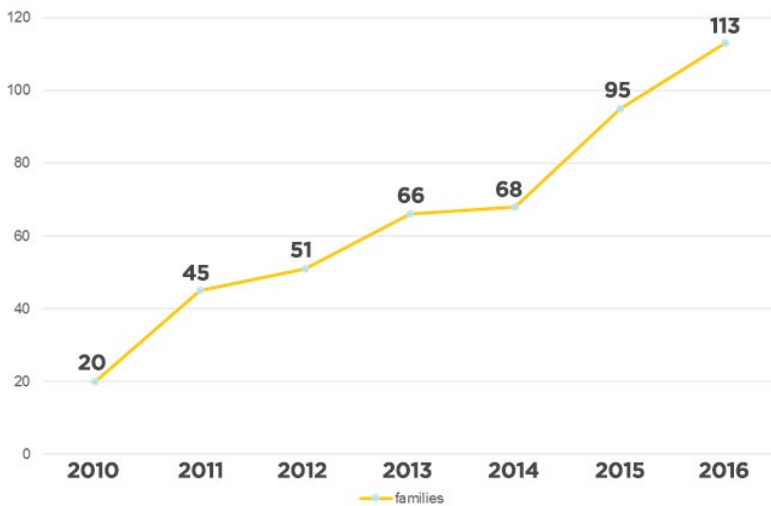


IN 2016 SHEFFIELD PLACE SERVED MORE CLIENTS THAN EVER

In 2016, Sheffield continued its strategic imperative to serve more families with more services in four programs:

1. residential housing services at the facility
2. residential clinical services
3. aftercare (ongoing case management and supportive services for families that have transitioned to the community)
4. permanent supportive housing—Sheffield Place owns seven units of housing toward a goal of 20 units over the next few years

In 2016, Sheffield Place served a total of 113 families (331 individuals) more than a fivefold increase from the 20 families served in 2010.



NUMBERS SERVED (UNDUPLICATED) IN 2016			
	Mothers	Children	Total Clients
Residential Services	84	165	248
Aftercare Services	29	53	83
Total	113	218	331



JESSICA'S STORY

My whole life I looked at myself as a failure. Since I came to Sheffield Place, I have finally gained self-confidence. I have grown into what feels like a completely different woman.

I came to Sheffield Place without custody of my two children and with a broken soul. I had been separated from my two boys for about a year.

Now, I have a completely different outlook on my life and I now feel I am in control of my life. I just celebrated 10 months of sobriety and I am working full-time.

I would have never made it this far if the staff at Sheffield Place hadn't kept faith in me while I gained faith in myself.

CLIENT CHARACTERISTICS

- 100% live well below the poverty line
- 94% have a mental health diagnosis
- 86% struggle with addiction
- 80% have a background of domestic violence
- 54% have not completed high school
- 52% have legal issues
- 35% grew up in foster care
- 13% have at least one felony conviction

In all, 54% are Caucasian, 43% are African American, and 3% are other races. Five percent self-identify as Hispanic/Latina in ethnicity. Multiple barriers to success make the path from homelessness to self-sufficiency extremely difficult, but achievable.

WAITING LIST

- In 2016, 703 families called seeking shelter
- In 2012, 505 families called seeking shelter

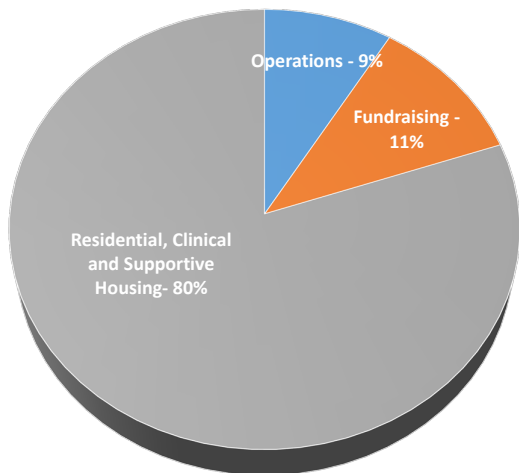
SERVICE DATA (RESIDENTIAL & AFTERCARE)

- Average length of stay - 84 days or 2.8 months
- Case management - 1281 hours
- Adult individual therapy - 531 hours
- Alcohol and drug screens - 592 tests
- Children's individual therapy - 202
- Children's groups - 11,499 hours

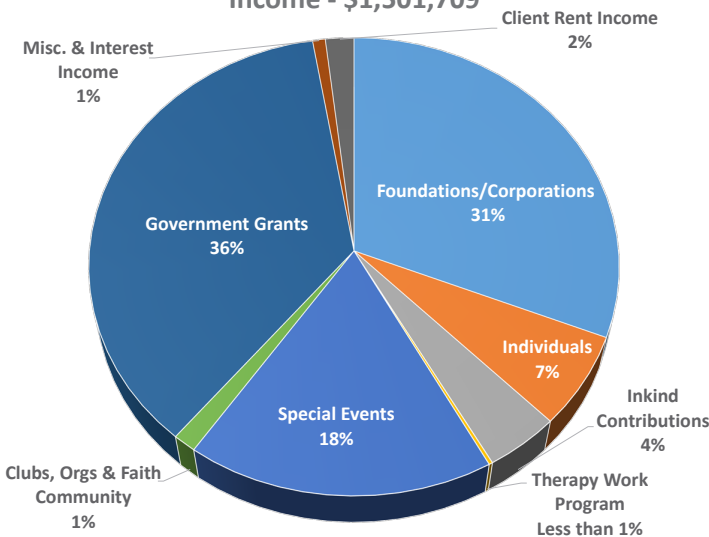
OUTCOMES				
Residential Housing Services	78% of discharged families move to permanent housing	85% were clean from alcohol and other drugs at discharge	47% were employed at discharge compared with 9.5% at intake	61% increased income
Residential Clinical Services—Children	86% improved/maintained mental health functioning in normal range	66% of families experienced improved function	97% of mothers improved parenting	
Residential Clinical Services—Adults	69% of mothers improved mental health functioning	85% of mothers with addiction issues were clean from alcohol and other drugs at discharge	100% engaged in work development activities	77% discharged to permanent housing
Aftercare Services	97% of families maintained permanent housing	93% of mothers remained abstinent from alcohol and other drugs	100% of families increased or maintained income	83% of mothers improved mental health function

2016 INCOME AND EXPENSES

Expenses - \$1,361,221



Income - \$1,501,709



SHEFFIELD PLACE VOLUNTEERS

536 volunteers provided 4055 hours of service or the equivalent of nearly 2.0 FTE. The value of volunteer time is \$64,794 using Independent Sector’s valuation of volunteer time in Missouri (\$21.3 per hour).

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SHEFFIELD PLACE

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The mission of Sheffield Place is “To empower homeless mothers and their children to heal from their trauma and help them become self-sufficient.”

Sheffield Place is certified by the Missouri Department of Mental Health - Division of Behavioral Health.