

dilate/breathe

for flute, viola, and contrabass

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Each passage to be played as fast as possible

All Rests = 1"

Flute

Play as softly as possible

Snap pizzicato (i.e. Bartók pizz.) on I' (muted with left hand in first position)

Viola

8va on I' and II'

Continue playing until end of piece

Change bow as necessary

mp

Contrabass

Fl.

With thumb near the bridge, strum strings (muted with left hand near edge of fingerboard)

as fast as possible from IV' to I'

mf

Vla.

Fl.

Nail pizzicato on I'

mp

II'

Vla.

Strings muted with left hand in first position

Fl.

Vla.

Fl.

Vla.

Fl.

Vla.

Fl.


Vla.


Fl.

Vla.

Make tone quality increasingly breathy until pitch vanishes completely. Breath should then fade to silence as performer runs out of air.

Fl.

Vla.  *On I' and II' (muted with left hand in first position)
Bow quickly, sul tasto, with vary little bow pressure. Continue for 2-3" after flute tone quality becomes completely breathy, changing bow as necessary, and then, fade to silence.
The resultant sound should be breath-like.*

Cb.  *Bowing should increase in speed, move sul tasto,
and decrease in bow pressure until the harmonics start to disappear into bow noise. Continue playing for 2-3" after flute tone quality becomes completely breathy.
Then, fade to silence.*