

ANTIDOTE Project Statement

At the edge of the raging waters of daily life, the horizon meets the sea.

This series, *Antidote*, is inspired by oceans and Chicago's freshwater sea, Lake Michigan. *Antidote* is my quest to understand my own need for the shore and water – the work began out of my own meditative experiences with the sea and my subsequent desire to somehow bottle the effect and take it home.

I document great bodies of water – the ocean, the shore and the great lakes and recombine and reconfigure the images into wall prints and immersive installations made from photographs printed to silk banners. In this body of work, I don't want to present evidence, but rather recreate the experience. I've approached each piece with the goal of creating a very specific relationship with the viewer's body to evoke their past experiences with the sea. The periodic and circular return of waves evokes a core response that defends against the trials of life. I call the series *Antidote* because I want it to provide an antidote to everyday life.