



City Fare Menu March 2020



Monday

Tuesday

Wednesday

Thursday

Friday

<p>3/2 Curry Coconut Chicken Brown Rice Capri Blend Veggies Pineapples Giant Graham Fish</p>	<p>3/3 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit</p>	<p>3/4 Turkey with Gravy Baked Sweet Potato Nantucket Blend Veggies Fresh Apple White Wheat Bread Cranberry Sauce</p>	<p>3/5 Hamburger with Cheddar on Hamburger Bun Lettuce & Tomato Diced Pears Minestrone Soup Crackers</p>	<p>3/6 Salmon w Lemon Dill Sauce Baked Potato Broccoli White Wheat Bread Rice Pudding Sour Cream</p>
<p>3/9 Swedish Meatballs over Egg Noodles California Blend Veggies 12 Grain Bread Tropical Fruit</p>	<p>3/10 Fire Braised Chicken Stew Mixed Salad with Onion & Tomato Peach Cobbler Ultimate Grain Honey Bread</p>	<p>3/11 Pot Roast with Gravy Baked Potato Crinkle Cut Carrots Applesauce Dinner Roll Sour Cream</p>	<p>3/12 Chicken Supreme with Gravy Sweet Potatoes Peas Fresh Pear Cranberry Sauce</p>	<p>3/13 Seasoned Flounder Macaroni & Cheese Stewed Tomatoes Banana Yogurt Sundae</p>
<p>3/16 Broccoli Stuffed Chicken with Gravy Peas & Pearl Onions Crinkle Cut Carrots Strawberry Waffle Cookie</p>	<p>**3/17** Ham & Cabbage Baked Potato Wheat Roll Cupcake Sour Cream</p> 	<p>3/18 Meatloaf with Marsala Mushroom Gravy Macaroni & Cheese Brussels Sprouts Applesauce Dinner Roll</p>	<p>3/19 Chili with Mozzarella Cheese Baked Potato Corn Bread Orange Sour Cream</p>	<p>3/20 Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Diced Pears Chocolate Pudding</p>
<p>3/23 Herbed Baked Chicken Roasted Baby Bakers Italian Beans Chocolate Bread</p>	<p>3/24 Meatballs in Marinara over Penne Pasta Mixed Salad with Onion & Tomato Applesauce Ultimate Grain Bread</p>	<p>3/25 Chicken & Dumplings Scandinavian Blend Veggies Diced Peaches Yogurt</p> 	<p>3/26 Ham & Swiss on Club Roll Lettuce, Tomato & Onion Orange Cream of Broccoli Soup Crackers</p>	<p>3/27 Cheese Ravioli in Marinara Sauce Italian Blend Veggies Apple Crisp 12 Grain Bread Slice</p>
<p>3/30 Beef Burgundy over Egg Noodles Key West Veggies Orange 12 Grain Bread</p>	<p>3/31 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread</p>			

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.25. People under age 60 must pay \$5.25