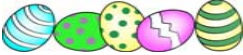




City Fare Menu March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			3/1 Fire Braised Chicken Stew Mixed Salad with Onion & Tomato Peach Cobbler Ultimate Grain Bread	3/2 Seasoned Flounder Macaroni & Cheese Stewed Tomatoes Banana Yogurt Split Sundae with Chocolate Syrup
3/5 Broccoli Stuffed Chicken with Gravy Au Gratin Potatoes Crinkle Cut Carrots Strawberry Waffle Cookie	3/6 Roast Pork w. Gravy Baked Sweet Potato Green Beans Fruit Cocktail Ultimate Grain Bread	3/7 Meatloaf with Marsala Mushroom Gravy Mashed Potatoes Brussels Sprouts Applesauce Apple Waffle Cookie	3/8 Turkey Burger with Swiss Cheese, BBQ sauce, Pineapple Slice on Whole Wheat Bun Roasted Potato Wedges Orange	3/9 Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Chocolate Pudding
3/12 Herbed Baked Chicken Roasted Baby Bakers Italian Beans Chocolate Bread	3/13 Meatballs in Marinara over Penne Pasta Mixed Salad with Onion & Tomato Applesauce Ultimate Grain Bread	3/14 Chicken & Dumplings Scandinavian Blend Veggies Diced Peaches Yogurt	**3/15** Ham & Cabbage Baked Potato Wheat Roll Cupcake 	3/16 Cheese Ravioli with Marinara Sauce Mixed Salad w. Tomato & Onion Orange 12 Grain Dutch Bread
3/19 BBQ Chicken Baked Beans Seasoned Greens Yogurt Cornbread Loaf	3/20 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread 	3/21 Turkey & Swiss on Club Roll Lettuce, Tomato & Onion Cream of Potato Soup with Bacon Diced Peaches Crackers	3/22 Beef Burgundy over Egg Noodles Key West Veggies Orange 12 Grain Bread	3/23 Seafood Crab Cake Corn Baby Lima Beans Fruit Cocktail Wheat Dinner Roll Tartar Sauce
3/26 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit	**3/27** Ham with Pineapple Sauce Fresh Baked Sweet Potato Asparagus spears Wheat Roll Coconut Cream Pie 	3/28 Hamburger w. Cheddar on Hamburger Bun Lettuce & Tomato Minestrone Soup Pineapple Tidbits Crackers 	3/29 Turkey with Gravy Baked Sweet Potato Nantucket Blend Veggies Fresh Apple Ultimate Grain Bread Cranberry Sauce	3/30 CENTER CLOSED GOOD FRIDAY

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.25. People under age 60 must pay \$5.00