



# City Fare Menu February 2019





Monday

Tuesday

Wednesday

Thursday

Friday

				2/1 Seasoned Flounder Macaroni & Cheese Stewed Tomatoes Banana Yogurt Sundae
2/4 Broccoli Stuffed Chicken with Gravy Peas & Pearl Onions Crinkle Cut Carrots Strawberry Waffle Cookie	2/5 Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Diced Pears Chocolate Pudding	2/6 Meatloaf with Marsala Mushroom Gravy Mashed Potatoes Brussels Sprouts Applesauce Dinner Roll	2/7 Chili w. Mozzarella Cheese Baked Potato Corn Bread Orange Sour Cream	2/8 Pork with Gravy over Mashed Potatoes Green Beans Fruit Cocktail Ultimate Grain Bread
2/11 Herbed Baked Chicken Roasted Baby Bakers Italian Beans Chocolate Bread	2/12 Meatballs in Marinara over Penne Pasta Mixed Salad with Onion & Tomato Applesauce Ultimate Grain Bread	2/13 Chicken & Dumplings Scandinavian Blend Veggies Diced Peaches Yogurt	2/14 Deep Dish Cheese Pizza Mixed Salad with Onion & Tomato Chick Peas Chocolate Ice Cream 	2/15 Salisbury Steak w. Gravy Mashed Potatoes Spinach Diced Pears Cornbread Loaf
2/18  <b>CENTER CLOSED</b>  <b>PRESIDENT'S DAY</b>	2/19 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread	2/20 BBQ Chicken Baked Beans Seasoned Greens Yogurt Cornbread	2/21 Turkey & Swiss on Club Roll Lettuce, Tomato & Onion Diced Peaches Cream of Potato Soup with Bacon Crackers	2/22 Beef Burgundy over Egg Noodles Key West Veggies Orange 12 Grain Bread
2/25 Salmon w Lemon Dill Sauce Baked Potato Broccoli White Wheat Bread Rice Pudding Sour Cream	2/26 Italian Hoagie with Lettuce, Tomato & Onion Oil & Vinegar Italian Wedding Soup Vanilla Ice Cream Sundae	2/27 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit 	2/28 Hamburger w. Cheddar on Hamburger Bun Lettuce & Tomato Diced Pears Minestrone Soup Crackers	3/1 Curry Coconut Chicken Brown Rice Capri Blend Veggies Pineapples Giant Graham Fish

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.25. People under age 60 must pay \$5.25