



Chicago Alliance Against Sexual Exploitation & U.S. Fund for UNICEF



# Educator's Guide

A collection of curricula  
to aid in ending  
violence and  
exploitation

## Forward

Millions of women, children, and men suffer the violation of their human rights on a daily basis. Whether they are facing forced labor, sexual exploitation, general violence, or some other form of oppression, many are forced to endure horrific injustices. This guide is meant to help educators effectively engage in these difficult topics with their students so future generations can both understand these violations and effectively become allies for change.

The content of these units explores many sensitive topics, such as prostitution, sexual-based violence, gender-based violence, and slavery. Many of the units also contain explicit, mature language and ideas. Your students and their parents will have varying degrees of comfort with these issues. Your class may include victims or family members of victims as well. We have found it helpful to set a tone from the beginning of a class regarding the types of mature, complex, and potentially explicit issues that you will be discussing, and clarify that you expect the class to explore these issues in a mature fashion.

It is possible that one or more of your students may be vulnerable to or experiencing abuse and exploitation, and this might be discovered while teaching of one of these units. A U.S. Department of Education factsheet provides warning signs and other information to help identify trafficking victims and can be found here:

<http://www2.ed.gov/about/offices/list/osdfs/factsheet.html>

Talk to your school social worker if you become concerned about one of your students potentially being the victim of exploitation.

## Disclaimer of Endorsement

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For more information on CAASE, please visit: <http://caase.org/>

For more information on the U.S. Fund for UNICEF, please visit: <http://www.unicefusa.org/>

## Anti-Violence Curricula

### **Jamie Nabonzy: Bullying: Language, Literature and Life**

Extensive lessons revolving around bullying and discrimination, challenging middle and high school students to critique language, violence, and discusses the role of a bystander.

[blogs.nysut.org/sttp/2011/11/10/jamie-nabonzy-bullying-language-literature-and-life/](https://blogs.nysut.org/sttp/2011/11/10/jamie-nabonzy-bullying-language-literature-and-life/)

**Keywords:** bullying, empathy, fairness, non-violence, values

### **Coaches Leadership Program: Coaching Boys into Men**

While designed for coaches to use with their male student athletes, the program can be modified for use in any classroom with boys in order to promote respectful, nonviolent relationships and reduce men's violence against women.

[www.futureswithoutviolence.org/section/our\\_work/men\\_and\\_boys\\_coaching\\_leaders\\_hip/](http://www.futureswithoutviolence.org/section/our_work/men_and_boys_coaching_leaders_hip/)

**Keywords:** athletes, boys, non-violence, relationships, respect

### **Marina Pisklakova: Domestic Violence**

A lesson that lays an excellent foundation for high school students to discuss domestic violence and partner abuse.

[blogs.nysut.org/sttp/2010/11/09/marina-pisklakova-domestic-violence/](https://blogs.nysut.org/sttp/2010/11/09/marina-pisklakova-domestic-violence/)

**Keywords:** empathy, human rights, identity, women's rights

### **Independent Television Service: Hip-Hop: Beyond Beats and Rhymes**

A discussion guide and video to help boys critique sexist, violent images in hip-hop music and the media..

[www.itvs.org/outreach/hiphop/](http://www.itvs.org/outreach/hiphop/)

**Keywords:** homophobia, manhood, media, music, misogyny, sexism

### **The Oakland Men's Project: Making the Peace**

A comprehensive, 15-session curriculum with a wide selection of resources that explore issues such as dating violence, gangs, racism, suicide, harassment, and violence.

[www.hunterhouse.com/shopexd.asp?id=305](http://www.hunterhouse.com/shopexd.asp?id=305)

**Keywords:** dating violence, harassment, racism, self-esteem, suicide

### **Jackson Katz: Mentors in Violence Prevention**

Playbooks are available for teaching high school boys or girls and are focused on issues of gender, violence, bullying, and school violence. The program challenges youth to take a leadership role in promoting a positive school climate and standing against violence.

[www.jacksonkatz.com/playbooks2.html](http://www.jacksonkatz.com/playbooks2.html)

**Keywords:** bullying, bystander model, gender violence, school violence

**Men Can Stop Rape: Where do You Stand?**

Not a specific curriculum, but still a valuable collection of handouts that can be used to address a number of difficult topics such as rape, sex, alcohol, and masculinity.

[www.mencanstoprape.org/Table/Handouts/](http://www.mencanstoprape.org/Table/Handouts/)

**Keywords:** action plan, masculinity, men's roles, rape, sexual violence, survivors

**Sonke Gender Justice Network: One Man Can**

Toolkit includes extensive resources, fact sheets, action sheets, and videos that address men's violence against women. While geared toward South Africa, it is useful at both a U.S. and international level.

[http://genderjustice.org.za/index.php/resources/cat\\_view/204-projects/50-one-man-can](http://genderjustice.org.za/index.php/resources/cat_view/204-projects/50-one-man-can)

**Keywords:** domestic violence, men's roles, relationships, sexual violence

**Rogers Park Young Women's Action Team: Where Our Boys At?**

A documentary, workbook, and discussion guide to engage boys on issues of men's violence against women-- encouraging safe and open discussions about how to end it.

[www.youngwomensactionteam.org](http://www.youngwomensactionteam.org)

**Keywords:** boys, social organizing, violence against girls and women

**Vangie Foshee, Ph.D. and Stacey Langwick, Ph.D.: Safe Dates**

Aimed at high-school-age youth, this one-of-a-kind curriculum utilizes handouts, case studies, games, and other resources to help youth recognize the difference between a healthy, supportive relationship and a controlling, abusive relationship.

[www.hazelden.org/web/go/safedates](http://www.hazelden.org/web/go/safedates)

**Keywords:** abuse, dating violence, relationships

**White Ribbon Campaign: The Education and Action Kit**

A guidebook of exercises and activities to help high school youth interact while promoting healthy, equal relationships between boys and girls.

[http://www.whiteribbon.com/educational\\_materials/](http://www.whiteribbon.com/educational_materials/)

**Keywords:** gender equality, relationships, violence against women

**Family Violence Prevention Fund: Working with Men and Boys to Prevent Gender-Based Violence**

A 10-session curriculum that educates either high school boys or college-age men on topics of violence, privilege, and masculinity.

[toolkit.endabuse.org/Home.html](http://toolkit.endabuse.org/Home.html)

**Keywords:** action plan, boy's and men's roles, gender-based violence

**Young Men's Work: Stopping Violence and Building Community**

A comprehensive, 26-session curriculum that digs into the very roots of men's violence and helps young men break the cycle.

[www.hazelden.org/HAZ\\_MEDIA/scopseq\\_youngmen.pdf](http://www.hazelden.org/HAZ_MEDIA/scopseq_youngmen.pdf)

**Keywords:** boys, bullying, power, gender equality, relationships, violence

## Media and Gender Curricula

### **UNICEF: Gender Equality**

A collection of lesson plans and supplemental materials to help middle school and high school students develop an understanding of gender dynamics and.

[teachunicef.org/explore/topic/gender-equality](http://teachunicef.org/explore/topic/gender-equality)

**Keywords:** equality, gender, international lens, oppression of girls and women

### **Teaching Media Literacy: Media Representations**

A large collection of teaching activities, presentations, and other resources that address a variety of gender issues such as representations of masculinity, femininity, and sexuality.

[www.tc.umn.edu/~rbeach/linksteachingmedia/chapter5/index.htm](http://www.tc.umn.edu/~rbeach/linksteachingmedia/chapter5/index.htm)

**Keywords:** femininity, masculinity, media representation, sexuality, sports

### **MIT, Kim Surkan: Women and the Media**

A syllabus, selection of readings, assignments, and study materials focusing on the way that the media produces a problematic representation of women.

[ocw.mit.edu/courses/special-programs/sp-414-gender-and-media-studies-women-and-the-media-fall-2008/](http://ocw.mit.edu/courses/special-programs/sp-414-gender-and-media-studies-women-and-the-media-fall-2008/)

**Keywords:** feminist theory, media impact, media representation

## Human Rights Curricula

### **The Advocates for Human Rights: Women's Rights**

Educates both young and old on human rights and equality through the use of teaching guides, lesson plans, fact sheets, and a wide variety of other resources; useful for a range of forums, including community organizations, classrooms, and even the home.

[http://www.discoverhumanrights.org/Womens\\_Rights.html](http://www.discoverhumanrights.org/Womens_Rights.html)

**Keywords:** action plan, human rights, immigration, social justice

### **Australian Human Rights Commission: RightsED**

Curriculum and resources to encourage youth to value all people and embrace the human rights standards that are contained in international treaties and declarations.

[www.humanrights.gov.au/education/rightsED.html](http://www.humanrights.gov.au/education/rightsED.html)

**Keywords:** action plan, children's rights, human rights, personal development

### **Abubacar Sultan: Children's Rights**

Explores a wide variety of topics, including human rights, justice, empathy, and activism, all meant to get youth thinking about the causes and effects of child soldiers and child enslavement.

[blogs.nysut.org/sttp/2010/11/09/abubacar-sultan-childrens-rights/](http://blogs.nysut.org/sttp/2010/11/09/abubacar-sultan-childrens-rights/)

**Keywords:** children's rights, empathy, human rights, social activism

**Facing History and Ourselves: Lessons, Units and Outlines**

A range of lessons and tools that can be applied in the classroom to help students understand and combat injustice, get active in civic participation, and develop thorough understanding of the Universal Declaration of Human Rights.

[www.facing.org/lessons-units-outlines](http://www.facing.org/lessons-units-outlines)

**Keywords:** civic participation, human rights, justice, law, Universal Declaration of Human Rights (UDHR)

**Global Citizens: Human Rights—Children’s Rights**

A vast collection of teacher's notes and activity cards that can be used to engage students in discussions about human rights and responsibilities.

[www.mylearning.org/global-citizens--make-an-impact/p-2024/](http://www.mylearning.org/global-citizens--make-an-impact/p-2024/)

**Keywords:** children's rights, freedom, human rights, social activism, Universal Declaration of Human Rights

**The Eleanor Roosevelt Papers Project: History of Human Rights**

Timelines, lesson plans, and case studies meant to help teach about the history and importance of human rights and how to turn these ideals into action.

[www.gwu.edu/~erpapers/humanrights/](http://www.gwu.edu/~erpapers/humanrights/)

**Keywords:** advocacy, human rights, social activism, Universal Declaration of Human Rights

**TeachUNICEF: Resources**

A large collection of lesson plans, videos, stories, podcasts, and more that cover a wide range of human rights topics. All resources were created for use in middle and high schools.

[teachunicef.org/explore/topic](http://teachunicef.org/explore/topic)

**Keywords:** child labor, child rights, education, maternal health, poverty, youth activism

**Youth for Human Rights: Education Package**

Aimed at students ranging from elementary school to high school, this extensive education package equips students with knowledge and tools necessary to become human rights advocates.

[www.youthforhumanrights.org/educators.html](http://www.youthforhumanrights.org/educators.html)

**Keywords:** advocacy, human rights, rights vs. privileges

## Modern Day Slavery Curricula

### **Art Reach: Human Trafficking Prevention Program**

An example of a student activism project geared toward creatively informing themselves and others about human trafficking.

[www.htapartreach.org/#!](http://www.htapartreach.org/#!)

**Keywords:** activism, art, human trafficking, outreach model

### **Youth Advocate Program International: Child Slavery**

Offers a variety of modules and presentations on topics such as child slavery, child labor, child soldiers, discrimination against girls, and the U.N. Convention on the Rights of the Child.

[yapi.org/curricula.htm](http://yapi.org/curricula.htm)

**Keywords:** children's rights, discrimination, exploitation (labor and sexual)

### **TeachUNICEF: Child Trafficking**

Aimed at high-school-age students, this curriculum includes a unit plan, assorted readings, numerous videos, and podcasts that all come together to discuss and encourage action against child trafficking.

[teachunicef.org/explore/topic/child-trafficking](http://teachunicef.org/explore/topic/child-trafficking)

**Keywords:** armed conflict, children's right, child trafficking, forced labor, human trafficking

### **International Slavery Museum: Contemporary Slavery**

Extensive collection of lesson plans, teaching resources, and supplemental materials that can be used to discuss modern day slavery and human rights.

[www.liverpoolmuseums.org.uk/ism/learning/slavery-today/](http://www.liverpoolmuseums.org.uk/ism/learning/slavery-today/)

**Keywords:** action plans, advocacy, empathy, human rights, human trafficking, slavery

### **National Human Trafficking Resource Center: Educators and Human Trafficking**

A valuable resource for educators to learn about human trafficking and the importance of their role in recognizing and assisting victims.

<http://www.polarisproject.org/resources/resources-by-topic>

### **Global Exchange: Fair Trade in the Classroom**

Lesson plans and an accompanying book explore the need for fair trade education and activism in a world with extensive existing labor exploitation.

[www.globalexchange.org/fairtrade/cocoa/classroom](http://www.globalexchange.org/fairtrade/cocoa/classroom)

**Keywords:** action plan, fair trade, labor exploitation

### **Harry Wu: Forced Labor**

A lesson that can be used to engage high school students in conversations about labor camps and forced labor and the ways that these enslavement practices both dehumanize and oppress. [blogs.nysut.org/stfp/2010/11/09/harry-wu-forced-labor/](http://blogs.nysut.org/stfp/2010/11/09/harry-wu-forced-labor/)

**Keywords:** human rights, labor exploitation, labor reform

### **Free the Slaves: Teach Others**



Ideal for students in grades 6-12, this collection of lessons and activities raises awareness about the current problem of global slavery and take action.

[www.freetheslaves.net/Page.aspx?pid=302&srcid=299](http://www.freetheslaves.net/Page.aspx?pid=302&srcid=299)

**Keywords:** action plan, human rights, labor exploitation, slavery

**Kathryn and Anthony Talbott: Human Trafficking is the Modern Day Slave Trade**

A high school curriculum designed to help students understand the horrors of human trafficking and ways they can help to stop it. Includes the use of websites, books, videos, and presentations

[stophumantraffickingdayton.org/wp-content/uploads/2011/07/human\\_trafficking\\_lesson\\_plan.pdf](http://stophumantraffickingdayton.org/wp-content/uploads/2011/07/human_trafficking_lesson_plan.pdf)

**Keywords:** action plan, human trafficking, political influences, victim vulnerability

**Global Nomads Group: Human Trafficking Webcast & Curriculum**

Combining a webcast and lessons, this educator's set engages high school students in a group dialogue about human trafficking, encouraging them to critically analyze, form opinions, and take action.

Curriculum: [gng.org/wp-content/uploads/2012/04/Human-Trafficking-Webcast-Curriculum.pdf?f22064](http://gng.org/wp-content/uploads/2012/04/Human-Trafficking-Webcast-Curriculum.pdf?f22064)

Webcast: [gng.org/programs/program/human-trafficking-webcast/](http://gng.org/programs/program/human-trafficking-webcast/)

**Keywords:** causes, consequences, globalization, human trafficking

**Intercommunity Peace & Justice Center: Human Trafficking Webinar**

This webinar for Catholic middle schools addresses modern day slavery and encourages thoughtful discussion and action.

[www.ipjc.org/links/traffickingwebinar.pdf](http://www.ipjc.org/links/traffickingwebinar.pdf)

**Keywords:** action plan, Catholic lens, human trafficking

**International Labor Rights Forum: Labor Rights in the Classroom**

Resources, publications, action plans, and news stories to help a facilitator lead a discussion on child labor, sweatshops, or other labor-related forms of slavery.

<http://laborrights.org/labor-rights-in-the-classroom>

**Keywords:** children's rights, fair trade, labor rights, sweatshops

**Not For Sale: End Human Trafficking and Slavery**

With both a high school and college version available, this 10-week curriculum accompanies the book, *Not for Sale*, in investigating modern day slavery and exploring how to end it.

[www.notforsalecampaign.org/resources/](http://www.notforsalecampaign.org/resources/)

**Keywords:** abolition, action plan, human trafficking, international lens

**Juliana Dogbadzi: Slavery/Trafficking**

A short lesson on modern day slavery and how inequality and discrimination lead to the violation of human rights.

[blogs.nysut.org/sttp/2010/11/09/juliana-dogbadzi-slaverytrafficking/](http://blogs.nysut.org/sttp/2010/11/09/juliana-dogbadzi-slaverytrafficking/)

**Keywords:** advocacy, human trafficking, sexual exploitation, slavery, subjugation

**Teaching Tolerance: Human Trafficking**

A general overview of human trafficking by the Southern Poverty Law Conference aimed at teachers looking to implement the curriculum.

[www.tolerance.org/magazine/number-39-spring-2011/human-trafficking](http://www.tolerance.org/magazine/number-39-spring-2011/human-trafficking)

**Keywords:** general information, human trafficking, teacher introduction

## Pornography Curricula

### **Anti-Porn Resource Center: Anti-Porn Research**

Comprehensive resource for educators to discuss the harms of pornography. Collection includes websites, blogs, books, research, myths, stories, FAQs, and much more.

[www.oneangrygirl.net/antiporn.html](http://www.oneangrygirl.net/antiporn.html)

**Keywords:** exploitation, misogyny, objectification of women, pornography, stripping

### **United Families International: The Harms of Pornography**

Extensive guide on the harms of pornography, covering a wide range of topics including female victimization, child pornography, male addiction, relationship damage, and violence.

[unitedfamilies.org/default.asp?contentID=34](http://unitedfamilies.org/default.asp?contentID=34)

**Keywords:** addiction, criminal influence, exploitation, pornography, violence

### **Against Pornography: Its Effects and Its Harms**

A collection of statistics, videos, testimonials, and other resources that can be utilized by an educator in addressing the topic of pornography.

[againstpornography.org/effectsandharms.html](http://againstpornography.org/effectsandharms.html)

**Keywords:** multiple views, pornography, social harm, sexual violence

### **Stop Porn Culture!: Who Wants to Be a Porn Star?**

A collection of presentations, toolkits, scripts, and tips aimed at helping an educator discuss the problems with pornography and its harmful effects on society.

[stoppornculture.org/presenters-toolkit/](http://stoppornculture.org/presenters-toolkit/)

**Keywords:** culture, pornography, social harm

## Sexual Assault Curricula

### **Pennsylvania Coalition Against Rape: Men against Sexual Violence**

A detailed toolkit to help men and women work together to end sexual violence.

[www.pcar.org/men-against-sexual-violence-masv](http://www.pcar.org/men-against-sexual-violence-masv)

**Keywords:** action plan, collaboration, sexual violence, violence against women

### **Washington Coalition of Sexual Assault Programs: Sexual Violence Prevention Curricula Guide**

An existing collection of curriculum with a range of focuses including sexual assault, sexual harassment, healthy relationships, sexuality, and bullying.

[colegacy.org/news/wp-content/uploads/2011/12/Sexual-Violence-Prevention-Curricula-Guide-ALL.pdf](http://colegacy.org/news/wp-content/uploads/2011/12/Sexual-Violence-Prevention-Curricula-Guide-ALL.pdf)

**Keywords:** collection, harassment, relationships, sexuality, sexual violence

### **Welcome to the Party: A Curriculum for Sexual Assault Prevention**

A full teaching curriculum with a variety of tools designed for young adults to learn about how to prevent and respond to sexual assault.

[www.reelinsight.org/](http://www.reelinsight.org/)

**Keywords:** alcohol, college, peer pressure, rape, sexual assault

## **Sex Trafficking and Sexual Exploitation Curricula**

### **Chicago Alliance Against Sexual Exploitation: Toolkits & Engaging Men To End Sexual Exploitation Curriculum**

A number of toolkits, fact sheets, action tips and various other resources are available on a wide range of topics including demand, prostitution, sex trafficking, and many others.

[caase.org/toolkits](http://caase.org/toolkits)

Additionally, they offer a four-session curriculum aimed at getting high school boys involved in eliminating sexual violence and exploitation.

[caase.org/prevention](http://caase.org/prevention)

**Keywords:** demand, masculinity, prostitution, sexual exploitation, sexual violence

### **New Tactics in Human Rights: Sex Trafficking**

Introduces high school students to the topic of sex trafficking and engages them in critical thinking. Designed to get students to explore the causes and influences and consider tactics that can be used to effectively respond.

[www.newtactics.org/en/tools/classroom-module-applying-new-tactics-resources-topic-sex-trafficking](http://www.newtactics.org/en/tools/classroom-module-applying-new-tactics-resources-topic-sex-trafficking)

**Keywords:** action strategy, international lens, sex trafficking

### **Justice Research Institute: My Life, My Choice**

A 10-week curriculum focused on educating and empowering girls and young women in order to help them understand and avoid sexual exploitation.

[www.jri.org/mylife](http://www.jri.org/mylife)

**Keywords:** female empowerment, sexual exploitation, victim prevention

### **The Salvation Army: Anti-Trafficking Training Manual**

A seven-session curriculum with both a manual and resource CD to help with in-depth training about the “what” and the “why” of human trafficking and how people can help.

[salvationarmyusa.org/usn/www\\_usn\\_2.nsf/vw-dynamic-index/3941717E38D271CC852574400068F8C6?Opendocument](http://salvationarmyusa.org/usn/www_usn_2.nsf/vw-dynamic-index/3941717E38D271CC852574400068F8C6?Opendocument)

**Keywords:** exploitation, human trafficking, service providers

### **The Polaris Project: Sex Trafficking**

A number of guides and fact sheets can be pulled from this website to help engage others in conversations about domestic sex trafficking, commercial sexual exploitation of children, and human trafficking in general.

<http://www.polarisproject.org/resources/resources-by-topic/sex-trafficking>

**Keywords:** exploitation (child and sexual), human trafficking, sex industry

**Stop the Traffik: Start Freedom**

Aimed at elementary and middle school students, these lesson plans, worksheets, trafficking stories, and various other resources are perfect to help get young people to act against trafficking.

<http://www.stopthetraffik.org/campaign/start-freedom>

**Keywords:** action plans, human trafficking, youth activism