

## Sheffield Place Grows to Serve More Families

### Sheffield Place Events

Mark your calendars for the Sheffield Place events this year. Bring friends and learn more about the mission of healing and self-sufficiency for homeless mothers and their children!

- **Sheffield Place Showcase/ Open House** – Wed, May 6 from 11:30 a.m. to 1:30 p.m. Ribbon cutting for the new living units and the new house. BBQ lunch, tours, crafts, plant sale.
- **Golf Tournament** – Friday, June 19 at Tiffany Greens. Registration and full breakfast at 8 a.m. Shotgun start at 9 a.m.
- **Off the Wall** – Thursday, October 15 from 5:30 to 9 p.m. at The Airline History Museum/Hangar 9 at the Downtown Airport. Silent and live art auctions, drinks, buffet dinner, drawings.
- **Holiday Open House and Bazaar** – Wed, Dec 9 from 11:30 a.m. to 1:30 p.m. Lunch in the decorated lobby, tours, handicrafts.

Volunteers are needed to help with these and other events. To register or for more information, please contact David Hanzlick, PhD, CFRE, Director of Program and Development, at (816)483-9927 Ext. 113 or [dhanzlick@sheffieldplace.org](mailto:dhanzlick@sheffieldplace.org)

Sheffield Place recently added three new living units (small, private family living quarters with a private bath) and a second renovated house—an increase of 40% in the agency’s housing capacity. In 2015, Sheffield Place will serve 55 families at the shelter and 35 families through the Aftercare program once the families transition to permanent housing in the community. Those 90 families represent more than a four-fold increase from the twenty families the agency served as recently as 2010.

Leeza and her daughter, Amyah, are one of those families. Leeza began her life of addiction with pain pills she obtained through an acquaintance. The pills helped her forget about the pain of her life. She went into treatment, relapsed, began using meth, and served time in prison for multiple felonies.

Upon release, Leeza found her way to Sheffield Place. While here, she gave birth to her daughter. She has maintained abstinence from drugs for the nearly a year, has continued to participate in treatment, and has had her cosmetology license reinstated. Late last year, she found a job she loves in her field. Not only that, but Leeza also helped another resident find a job as a receptionist at the same beauty shop.

The family plans to transition to a home in the community in the next couple of months. When they do, Sheffield Place will continue to provide case management, therapy, and other services to ensure that the family stays on track with their goals. Leeza and Amyah will be able to return to Sheffield Place for ongoing therapy, groups, and family activities.



## 2014—A Year of Growth and Progress

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Dear Friends:

It is with great excitement that we are sending you this newsletter describing the completion of some of our expansion projects. The on-site units will provide supportive housing and services for 3 additional families at any one time.

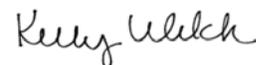
While doing a tour I commented to a supporter that it was a lot of resources to put into three units that would allow us to serve only 3 more families at a time. His response, which I have thought of so many times since that day was perfect. He said, “Well Kelly if you are one of those families it is totally worth it. It is life - changing.”

We are wrapping up work on our second permanent housing home. The house is a couple of blocks west of the facility on 12<sup>th</sup> Street. A mom and her three small children who have been at Sheffield Place will move into our new home in April. Our plan includes the purchase and rehab of 3 more houses in this year.

At Sheffield Place our mission is to empower homeless mothers and their children, one family at a time, to become strong, self-sufficient families who can support themselves and be a contributing part of the community. For many of our families this is daunting journey with many obstacles including trauma, violence, addiction, poverty, legal issues, mental illness, and lack of education.

The need for services continues to grow. Last year there were almost 650 families on the wait list and 6% received residential services. The expansion and enhancement of the Aftercare programming has allowed us to serve more families and serve families long term. This program provides on-going services and support to families in permanent housing for as long as they need services.

The contributions of time, in-kind donations, cash, and overall support from our friends in the community was truly remarkable. We could not provide services without it. Thank you for believing in us, believing in our families, and supporting Sheffield Place. We very much look forward to seeing you soon at the facility or an event. Thank you again.



Kelly Welch  
Executive Director

**The mission of Sheffield Place is “To empower homeless mothers and their children to heal from their trauma and help them become self-sufficient.”**

## Key Outcomes—2014

### Residential Clinical:

- 82% of the mothers experienced improved mental health
- 97% of the mothers abstained from alcohol and other drugs
- 98% of children improved or maintained normal mental health functioning
- 72% of families improved or maintained function in the optimal range

Aftercare (families that have transitioned to housing in the community and receive continued case management and supportive services):

- 100% increased their income
- 93% maintained permanent housing
- 89% abstained from alcohol and other drugs

For a complete report on outcomes and other milestones of 2014, please see annual report at <http://sheffieldplace.org/newsletters>



### How You can help:

- Make a cash gift
- Transfer appreciated stock
- Include a gift in your estate plans
- Donate items from the immediate needs list – laundry detergent, cleaning supplies, toilet paper, paper towels, facial tissues, feminine hygiene supplies, etc. For a complete list, please visit: [www.sheffieldplace.org/in-kind-gifts](http://www.sheffieldplace.org/in-kind-gifts)
- Like Sheffield Place on Facebook
- Volunteer as an individual or as part of a business, faith, or civic group
- Learn more about homelessness by visiting [www.sheffieldplace.org](http://www.sheffieldplace.org)

### Honor a Special Woman in Your Life for Mothers Day

Mothers Day is Sunday, May 10. Honor a special woman in your life by making a gift in her honor to support healing and self-sufficiency for homeless mothers and their children. Please provide the name and address of the honoree on the enclosed envelope. Sheffield Place will acknowledge your thoughtfulness to the honoree. Please respond by May 1 to ensure that the special woman receives the acknowledgement by May 10.

### 2015 Strategic Goals

- Increase the number of clients we serve
- Increase the depth and menu of our services
- Diversify funding
- Expand volunteer program
- Increase community awareness



### Sheffield Place served more families than ever before in 2014!

Sheffield Place served 198 homeless mothers and children in 2014—68 mothers and 130 children. Of those:

- 41 families (82 children) in residential services
- 27 families (48 children) in aftercare services.

### Client Characteristics (mothers):

Live below poverty - 100%  
Mental health diagnosis\* - 100%  
Struggle with addiction - 88%  
Domestic violence - 88%  
Grew up in foster care - 66%  
Lack HS diploma or GED - 58%  
Felony conviction(s) - 34%  
\*most commonly PTSD, depression, bi-polar disorder, adjustment disorder, and anxiety disorder

### Services Provided:

Bed nights - 13,826  
Adult psycho-education groups - 4321 hours  
Children's groups - 4077 hours  
Adult case management - 514 hours  
Adult individual therapy - 500 hours  
Adult drug/alc screens - 331 tests  
Family therapy - 264 hours  
Children's individual therapy - 31 hours



6604 East 12th Street  
Kansas City, MO 64126

Phone: (816) 483-9927  
www.sheffieldplace.org

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## Sheffield Place Annual Golf Tournament

Friday, June 19 at beautiful Tiffany Greens Golf Course

8 a.m. registration and full breakfast

9 a.m. shotgun start

2 p.m. lunch, awards, silent auction!

\$125 per player (\$50 tax deductible)

\$500 per team (\$200 tax deductible)

Sponsorships are available.



Register online at [www.sheffieldplace.org](http://www.sheffieldplace.org).

Or download the registration form and fax to (816) 483-9934; or mail the form to: Sheffield Place - 6604 East 12th Street, Kansas City, MO 64126. Questions: 816.483.9927 x113 or [dhanzlick@sheffieldplace.org](mailto:dhanzlick@sheffieldplace.org)



*The mission - "To empower homeless mothers and their children to heal from their trauma and help them become self sufficient."*