

Sheffield Place Commemorates 20 Years of Service

Sheffield Place Tours

To introduce more people to our mission, we are now offering monthly tours of the shelter. In the course of one hour, visitors will learn how our services empower homeless mothers and their children heal from their trauma and become self-sufficient.

Learn more about the mission and programs at Sheffield Place by taking a tour. Invite your friends, co-workers, neighbors, members of your congregations, and members of your service club to attend. Advance registration is requested. Tours are offered to individuals and groups on the dates and times listed below.

2011 Tour dates and times:

- Thursday, 4/14 - 7:45-9:00am
- No tour in May
- Thursday, 6/16, 7:45-9:00am
- Thursday, 7/21, 7:45-9:00am
- No tour in August
- Thursday, 8/15, 7:45-9:00am
- Thursday, 10/20, 7:45-9:00am

To register or for more information, please contact David Hanzlick, CFRE, Director, Program & Development, at (816)483.9927 Ext. 13 or dhanzlick@sheffieldplace.org.

This year marks the 20th anniversary of the founding of Sheffield Place. The agency was created in response to the community problem of homeless, female-led families. The agency grew out of a partnership between Metropolitan Lutheran Ministries and the YMCA. Since 1991, Sheffield Place has served more than 560 homeless mothers and their children (2000 people) through treatment, long-term housing, and supportive services. Ninety percent of families that complete the program became self-sufficient by acquiring permanent housing, increasing education and employment skills, reducing welfare dependency, and healing from trauma.

What sets Sheffield Place apart from other homeless agencies is the commitment to trauma-informed, evidence-based interventions, the exclusive focus on homeless mothers and their children, the length of stay (up to two years), and the delivery of all services onsite where the families live.

Sheffield Place is a national leader in homeless services. Sheffield Place became the first homeless shelter in the nation to provide the three best evidence-based therapeutic modalities for traumatized children (2007); was one of 20 organizations nationwide to participate in a learning community to implement the Integrated Treatment of Complex Trauma model (2008); and was named a national best practice in working with traumatized, homeless children (2009).

The commemoration of this landmark anniversary kicked off on February 23 with an open house. One hundred guests toured the facility and learned about the programs we offer to help families become self-sufficient. Additional events this year include a golf tournament to benefit Sheffield Place, the annual 'Off the Wall' art event on October 20th, and a reception to close the year on November 16th. Please mark your calendars.



Bill Pape - founder of Sheffield Place, reflects on the achievements of the past 20 years.



Jennifer Rothrock and her sons were residents in the late 1990s.

Mission Statement: To empower homeless mothers and their children heal from their trauma and become self-sufficient.

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Staff:

- Kelly Welch - Executive Director
- David Hanzlick - Director, Program & Development
- Alice Lemmons - Director, Operations
- Margaret Comford - Clinical Director
- Sheryl Dysvick - Adult Therapist
- Ashley Smith - Child Therapist
- LaTanya Simmons - Case Manager
- Anna-Marie Mora - Shelter Manager
- Stephanie Pruitt - Data Entry Specialist
- LaSonya Chiles - Childcare Provider
- Ashley Ailor - Childcare Provider
- Karen Hanley - Childcare Provider

Kelly's Comments

As many of you know, I joined Sheffield Place as Executive Director in late January. In just a little over a month, I have come to feel very much at home. The courage of the residents to change every aspect of their lives inspires me. The dedication of the staff outstanding services and leading edge innovations in treatment and therapy invigorates me. The support of our donors, volunteers, and community partners overwhelms me.

Thank you to everyone for all you do for the homeless mothers and children we serve.

Building on twenty years of success and innovation in treatment, mental health, and transitional living programs, Sheffield Place is striving to serve more clients through partnerships with other community based agencies and outpatient services. We have expanded our on-site health clinic to provide health services to clients in other transitional living programs and are planning to take clinical services into other agencies. We are piloting services to families on the waiting list to engage them earlier and begin treatment sooner. Sheffield Place also offers Trauma Informed Care assessment and training to agencies wanting to provide a safe, trauma informed culture.

We are excited about our new partnerships, enhanced services, and expanded community involvement. We are building on past strengths and successes to provide high quality, best practice services to more individuals in our community. Thank you for your continued support as we make this journey!



2010 Highlights

Services Provided

◆ Bed Nights	11,566 bed nights
◆ Project HOPE (Children's Program)	2287 hours
◆ Family Activities (activities in the community)	671 hours
◆ 7-Step Empowerment Program/Case Management	602 hours
◆ Trauma-Informed Adult Individual Therapy	525 hours
◆ Community meetings (groups of mothers and staff)	282 hours
◆ Children's Clinical Services Group Therapy	250 hours
◆ Children's Clinical Services Family Therapy	170 hours
◆ Children's Clinical Services Individual Therapy	147 hours
◆ Aftercare Case Management/Supportive Services	23 hours
◆ Bus Passes (transportation to work, school, etc.)	138 bus passes

Program Outcomes for the 20 Mothers Served in the Shelter

- ◆ Eight-six percent (86%) of mothers gained hope for the future.
- ◆ Fifty percent (50%) of the mothers increased overall satisfaction with their lives.
- ◆ Eighty percent (80%) of the mothers reported increased social support.
- ◆ Ninety-eight percent (98%) of mothers had improved mental health.
- ◆ Ninety-seven (97%) abstinence from drugs & alcohol.
- ◆ Ninety-five percent (95%) of women had improved income or education.

Program Outcomes for 2010 for the 43 Children Served in the Shelter

- ◆ Sixty-six percent (66%) of children had improved mental health.
- ◆ Seventy-nine percent (79%) of children decreased problem behavior.

Salute to Volunteers

Volunteers are essential to any nonprofit agency. Sheffield Place is no exception. Last year, volunteers provided nearly 1000 hours of dedicated service to the families we serve.

Corporate groups contributed labor for maintenance services, held cookouts, and contributed gifts to make the holidays special for the mothers and children. Congregations provided evenings out for the families, quilts, blankets, household goods, and holiday parties. Service groups led seminars on professional appearance and behavior. Individuals donated clothing, personal care items, monthly birthday cakes, and many hours assisting in the children's program and other areas. To each of you, our sincere thanks and gratitude!



Students from St. Teresa's Academy assist in Project HOPE.

Vance Publications and Osborn-Barr host a family cookout.



Nick Reiter presents two benches and a cash gift as his Eagle Scout project.

Volunteer Opportunities

Volunteers allow Sheffield Place to reach beyond the limits of our staff resources and expand service to homeless mothers and children. You can help us make a difference in the lives of these 14 families who call Sheffield Place "home."

Volunteers are needed for a number of roles, including:

- Children's Clinical Services/ Childcare volunteer – provide childcare for children under 3 years of age and help with activities for children under the age of 12
- Office assistance – copying, data entry, and general office responsibilities
- Field trip planning – plan, attend, and help chaperone educational outings for children
- Birthday & special events baker – provide homemade baked goods for up to 25 people
- Special events – assist with special events to raise funds
- Community Ambassador – host a gathering at your home or office to inform friends about Sheffield Place
- Workplace volunteer – encourage fellow employees to support events

For more information or to volunteer, visit www.sheffieldplace.org



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Calendar of Upcoming Events

- August - Sertoma Golf Tournament to benefit Sheffield Place. Watch for the date.
- October 20 - 'Off the Wall' art event at the Arts Incubator in the Crossroads from 5:30 to 8:30
- November 16 - 20th Anniversary closing reception from 4:00-5:30 pm.

2010 Goals

Key Strategic Goals

- ◆ To grow the number of clients we serve
- ◆ To broaden the depth and menu of our services
- ◆ To become accredited
- ◆ To position Sheffield Place as a leader in the Trauma Informed Care movement

How you can help:

- Support Sheffield Place with financial gift
- Donate items from the immediate needs list – diapers and wipes, twin sheet sets, personal care items, laundry detergent, feminine hygiene supplies, etc. For a complete list, please visit: www.sheffieldplace.org/in-kind-gifts
- Friend us on Facebook to stay up-to-date on activities
- Volunteer as an individual or as part of a group
- Learn more about homelessness by visiting www.sheffieldplace.org



Key Facts about our Clients

- ◆ 100 % are at or below the poverty level
- ◆ 100 % have a mental health diagnosis
- ◆ 83 % receive Medicaid or MC+
- ◆ 60 % have experienced domestic violence
- ◆ 50 % have a dual diagnosis of mental health and substance abuse