



# City Fare Menu November 2018



Monday

Tuesday

Wednesday

Thursday

Friday

			11/1 Chicken & Dumplings Scandinavian Blend Veggies Diced Peaches Yogurt	11/2 Salisbury Steak w. Gravy Mashed Potatoes Spinach Pineapple Tidbits Cornbread Loaf
11/5 Seafood Crab Cake Corn Baby Lima Beans Fruit Cocktail White Wheat Bread Tartar Sauce	11/6  <b>CENTER CLOSED</b>  <b>ELECTION DAY</b>	11/7 BBQ Chicken Baked Beans Seasoned Greens Yogurt Cornbread	11/8 Turkey & Swiss on Club Roll Lettuce, Tomato & Onion Diced Peaches Cream of Potato Soup w. Bacon Crackers	11/9 Beef Burgundy over Egg Noodles Key West Veggies Orange 12 Grain Bread
11/12  <b>CENTER CLOSED</b>  <b>VETERANS DAY</b>	11/13 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit	**11/14** Roast Turkey with Gravy Bread Stuffing Sweet Potatoes Green Bean Almondine Cranberry Sauce Dinner Roll Pumpkin Pie w. Whipped Cream	11/15 Hamburger w. Cheddar on Hamburger Bun Lettuce & Tomato Diced Pears Minestrone Soup Crackers	11/16 Curry Coconut Chicken Brown Rice Capri Blend Veggies Pineapples Giant Graham Fish
11/19 Swedish Meatballs over Egg Noodles California Blend Veggies 12 Grain Bread Tropical Fruit	11/20 Fire Braised Chicken Stew Mixed Salad with Onion & Tomato Peach Cobbler Ultimate Grain Honey Bread	11/21 Pot Roast w. Gravy Baked Potato Crinkle Cut Carrots Applesauce Dinner Roll Sour Cream	11/22  <b>CENTER CLOSED</b>  	11/23  <b>CENTER CLOSED</b>
11/26 Broccoli Stuffed Chicken with Gravy Peas & Pearl Onions Crinkle Cut Carrots Strawberry Waffle Cookie	11/27 Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Diced Pears Chocolate Pudding	11/28 Meatloaf with Marsala Mushroom Gravy Mashed Potatoes Brussels Sprouts Applesauce Dinner Roll 	11/29 Chili with Mozzarella Cheese Baked Potato Corn Bread Orange Sour Cream	11/30 Pork with Gravy over Mashed Potatoes Green Beans Fruit Cocktail Ultimate Grain Bread

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.25. People under age 60 must pay \$5.25