

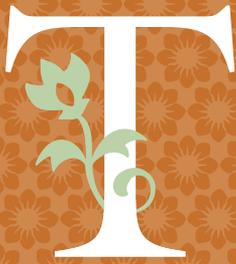
Fabulous Fall

Fall at Lake Austin Spa Resort



LAKE AUSTIN

SPA RESORT



The fall season at Lake Austin Spa Resort is as much about changing lives as it is about changing leaves. It is a season that brings wonderful writers, wise women and celebrated chefs to our shores, each eager to leave you with new ways to focus on you – body, mind and spirit. To make joining us for this special season an even easier decision, we're offering you two Fabulous Fall Specials.



Fabulous Fall Specials

*Save up to \$500!**

When you book one of our Resort, Spa Refresher or Ultimate Spa Pampering Packages in Premier accommodations for 4 or 5 nights, you can save up to \$500 on your stay.



*Save up to \$1,000!**

Stay longer and save more. When you book a 6-, 7- or 10-night Resort, Spa Refresher or Ultimate Spa Pampering Package in Premier accommodations, you can save up to \$1,000 on your stay.

Don't wait; fall won't last forever and neither will these great offers! Book by October 31 and save! For details, call our Reservations Sales Specialists at **1-800-847-5637**.

*Monarch Club credits may be applied to this stay, and new credits for a future stay will be accrued. *This offer is valid on stays between 9/14/06 and 1/31/07 and must be booked by 10/31/06. *Discount is subject to availability, and cannot be combined with any other offers, family rates or group discounts. *Certain restrictions may apply.

A Fall Full of Events & Activities

☞ Metamorphosis: A Gentle Detoxification Program *September 5-10, 2006*

Let your body detoxify from everything from carbohydrates to caffeine to stress in a natural, gentle way, based on the program that holistic health counselor and natural foods chef Alex Jamieson designed for Morgan Spurlock after his “Super Size Me” experiment.



☞ 13th Annual Gathering of Wise Women *October 2006*

The month of October is devoted to speakers on women’s health and wellness to inspire and enlighten you. This year’s Wise Women include Carole Altman, Joan Anderson, Hamilton Beazley, Cathy Bonner and Sena Jeter Naslund.

☞ 8th Annual For the Love of Books *November 2006*

Curl up with a good book, then chat with notable authors. Throughout the month, we’ll host writers such as Sarah Bird, author of *The Flamenco Academy*.

Culinary Experience at Lake Austin Spa Resort™

Dig in to a week of culinary delights starting the second Sunday of each month. Each week, special guest chefs team up with our own culinary stars to bring you more than 20 activities, including daily cooking sessions, wine seminars, cheese tastings and a cowboy breakfast cookout on the shores of Lake Austin.



Fall Culinary Experience Dates and Guest Chefs

- 🌿 September 10 – September 16, with guest chefs Ted Allen from “Queer Eye for the Straight Guy,” and Roland Mesnier, former executive pastry chef of the White House.
- 🌿 October 8 – 14, with guest chefs Ginette Suissa Jordan, author of the cookbook *Your Night in Morocco*, and Dean Fearing, the award-winning former executive chef of The Mansion on Turtle Creek in Dallas.
- 🌿 November 5 – 11, with guest chefs Tyson Cole of Uchi in Austin and Frank Stitt, chef of Highlands Bar and Grill in Birmingham, Alabama.

A Rewarding Fall

The Monarch Club

The Monarch Club is our exclusive rewards program. If you enroll before your visit, you will receive a special gift upon arrival and when you complete a qualifying stay of three consecutive nights or more, you'll earn a credit to apply toward your next qualifying stay within 12 months. To become a member today, visit www.lakeaustin.com/monarchclub or call **1-800-847-5637**.



Fall into a rejuvenating getaway at Lake Austin Spa Resort. Space is limited, so book your stay today. And be sure to mention code FALL06 to save! For more information on rates, packages and special programs, call **1-800-847-5637** or visit www.lakeaustin.com.



Lake Austin
SPA RESORT

1705 S. Quinlan Park Road
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1-800-847-5637
www.lakeaustin.com

A Top 10 Spa in the
Travel + Leisure
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