

**NEW CASTLE SENIOR CENTER
FEBRUARY
WEEKLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 10:30 Wii Bowling 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/Arthritis Exercise 12:00 Lunch

FEBRUARY MONTHLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
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				11:30 Brain Boosters 12:30 New Castle Farmer's Market
4	5	6	7	8
10:00 Heartland Hospice 11:00 Reminisce Group	9:00-1:00 AARP Tax Aide	10:00 Pinochle 10:00 Chair Yoga 10:30 AmeriHealth 1:30 YMCA Diabetes Prevention Program	9:00 Bank & PO 12:30 Shop Rite 5:00 Pot Luck Dinner	12:00-1:00 George White: Entertainment
11	12	13	14	15
9:30 Adult Coloring 10:30 Book Club	9:00-1:00 AARP Tax Aide 12:30 Pokeno	10:00 Care Wear 10:00 Dover Credit Union: "Building a Basic Budget" 11:00 Lunch Out: Red Lobster	9:30 Massage Program 12:30 Food Lion	12:00-1:00 Ed Bradford Entertainment
18	19	20	21	22
CENTER CLOSED PRESIDENT'S DAY	9:00-1:00 AARP Tax Aide	9:00 Blood Work 10:00 Pinochle 10:00 New Castle Court House Museum 11:15 Brandywine SC: Ethnic Luncheon 1:30 YMCA Diabetes	9:00 Bank & PO 10:00 Blood Pressure Screenings 12:30 Shop Rite 3:30 "Old is Not Easy"	12:30 Dollar Store
25	26	27	28	
10:00 Learn to Play Pool 10:00 Bathfitters: "Safety in the Home" 12:15 Birthday Celeb 12:30 Brain Boosters	9:00-1:00 AARP Tax Aide 12:30 Food Distribution	10:00 Medicare Fraud Patrol 12:00 Entertainment "Blokfluiters"	9:00 Stand by Me 12:30 Food Lion 4:00 Movie Club	For snow closings WDEL 1150 am or www.wdel.com