

City Fare Bag Supper Menu January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1/1 CENTER CLOSED NEW YEAR'S DAY	1/2 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	1/3 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise	1/4 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard
1/7 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard	1/8 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	1/9 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup	1/10 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	1/11 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana
1/14 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt Mayonnaise	1/15 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard	1/16 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	1/17 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	1/18 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise
1/21 CENTER CLOSED MARTIN LUTHER KING JR. DAY	1/22 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup	1/23 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard	1/24 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt	1/25 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding
1/28 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise	1/29 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	1/30 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt Mayonnaise	1/31 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard	2/1 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup

- All bag suppers contain 1% milk .
- All meals subject to change. Suggested minimum donation for persons 60+ is \$ 2.25. People under age 60 are required to pay \$5.25
- Meals available by reservation. Call your Senior Center to reserve your bag supper.