Schools show Olympic Spirit

To celebrate the games this summer in Rio Windsor’s First Schools competed in the end of year Olympic Festival held on the Windsor Girls’ School site. Schools selected fourteen lucky boys and girls who were identified by their teachers as showing promising talent across school sport and PE. Alexander, Braywood, Clewer Green, Dedworth Green, Homer and Oakfield battled it out across five Olympic sports in an action packed day of events in a bid to become Olympic champions. The morning events saw teams unleash their inner McIlroy as they took to the sports hall trying their hand at Tri-Golf. Six stations later it was time to swap the golf clubs for tag belts as teams reported to the astroturf for Tag Rugby. After lunch and a well earned rest teams returned to the field and courts to score valuable points in hockey and volleyball. With the leader board still undecided children took to the track for one last event. With the noise from the track deafening it was Homer who nipped into 3rd place, Clewer Green in 2nd and Oakfield in 1st to round-off a fantastic day of sport. School Sport Officer, Chase Hill said “What a fantastic way to celebrate the young sporting talent in Windsor’s first schools, all teams can be so proud of themselves today”. Each and every school displayed the Olympic values of Determination, Inspiration, Courage, Friendship, Excellence, Respect and Equality.
Wraysbury Primary

Club Lead: Sophie Lansley

Club Name: Change 4 Life

Target Children: Low self esteem, low school attendance, physically inactive, negative attitude to PE

Number of Children: 1 boy and 3 girls, 2 with SEN

Duration of Club: 9 Weeks

Impact: Mixed. 1 girl has become more engaged with after school clubs, all children enjoyed the sessions and felt more confident with physical activity.

Braywood First

Club Lead: Helen Wakeman

Club Name: Change 4 Life

Target Children: Low self esteem, quiet/reserved children, some children invited a buddy for support

Number of Children: 4 boys, 4 girls 1 with SEN

Duration of Club: 24 weeks

Impact: Children more enthusiastic about sport, quiet/reserved children built up confidence in class, 2 children attending other after school clubs.

Dedworth Green First

Club Lead: Stuart White

Club Name: Lions Club

Target Children: Children who have not attended any after schools clubs or competitions, pupil premium

Number of Children: 4 Girls, 5 boys

Duration of Club: 9 Weeks

Impact: General confidence around school and in PE, enjoyment of games
There a bunch of ‘Busy Bodies’ down at Oakfield

And no, we’re not talking about the teaching staff, we’re talking about the Busy Bodies after school club which has engaged around 12 pupils from across Year 1, 2 and 3. Some of the children at the Busy Bodies club have been specifically targeted “Children were chosen by class teachers. They were chosen either because they were not confident socially or do not participate in many clubs, are inactive and lack confidence in PE”. The club has been running since March 2016 and takes place every Wednesday lunchtime. Oakfield opted to run the club during school learning hours as they felt that having the children already on site would allow the club to become part of their school day. Despite some children needing a little reminder attendance has been good and children are still enthusiastic about the Busy Bodies club. PE Coordinator Mrs Hart said “There were some children reluctant to join in to start with and were observers. Throughout the weeks they have been encouraged to do small things and are now more willing to have a go”. One thing that the children have really taken to about the club are the Change4Life packs, these contain activity cards, a stop watch and progress chart complete with stickers endorsed by Disney’s most loved characters. The stickers have been used as an incentive at the end of sessions which has helped the more reluctant children to join in. On one of my visits to the Busy Bodies Club the children played a mix of games and activities, it was particularly surprising to see the number of activities which they completed within the half hour. Activities were easy simple games which didn’t take too long to explain. During the session there was a focus on physical activity, social interaction and teamwork with some individual skills to test their person development. Well done to the Busy Bodies club we look forward to catching up next year.

Children’s Corner

The children at Busy Bodies loved the types of activities and games they played. Skipping, Frisbee, hula hooping and hot potato were among their favorites.

They enjoyed using equipment that they didn’t normally use in PE, they loved the fact that they have complete choice in what activities they do.

None of the children had participated in any extra-curricular sport clubs throughout the academic year. However given the choice they said they would join multi-skills, Frisbee and swimming. Arts and craft was still popular.

Before the club started the children said that they ‘sometimes’ enjoyed PE, although some said they still ‘sometimes’ enjoy it the feeling among the group was more positive towards PE.
Lunchtime Challenge Results

Year 4 and 5 leaders from across the borough have delivered fortnightly challenges in their school as part of their leadership programme.

Leaders delivered during play time to year 1s-4s various challenges including skipping, balancing, wall throw and bench hops. Scores were then recorded and uploaded online to compare between schools.

We would like to reward the most active leaders:

3rd: Dedworth Green
2nd: Alexander
1st: Clewer Green

Hilltop School Embed Real PE

Following the success of the three Real PE days delivered by Create Development Hilltop First School have began steps to embed the philosophies of Real PE throughout the whole school. PE Coordinator Grace Gladwin who attended the Real PE course recognised the potential and impact it could have in her school and recommended that Hilltop First take up the offer of the whole school training.

Grace said that she took the idea to her head because "We desperately needed a framework to follow which slightly deviated away from the traditional ideas of sport". The Real PE whole school training focuses on KS1 in the morning and KS2 in the afternoon where teachers participated in practical activity. Since the whole-school training day Grace has encouraged her colleagues to try aspects of Real PE with their classes, the feedback from pupils was that they really enjoy the personal challenge cards. Grace hopes that the introduction of Real PE at Hilltop First will help change the perceptions that some children have of PE with the knock-on effect being that more children choose to take up more extra-curricular sports activities. We wish Grace and Hilltop First all the best in embedding Real PE across the school in September.

Rowing at Dedworth Continues to be a success

The satellite clubs at Dedworth Middle School have continued to be a huge success. This year we have had eighteen students taking part in our training program and rowing league, over time this has become a very competitive fixture!

We will be continuing the club in September with the same format as this year. The sessions include strength & conditioning training, along with learning the correct rowing techniques. It's a great way to get active and have fun.