

City Fare 5 Day Bag Supper Menu February 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 2/1 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup |
| 2/4 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard | 2/5 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt | 2/6 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise | 2/7 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana | 2/8 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt Mayonnaise |
| 2/11 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding | 2/12 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt | 2/13 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard | 2/14 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise | 2/15 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana |
| 2/18 CENTER CLOSED PRESIDENT'S DAY | 2/19 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding | 2/20 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard | 2/21 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana | 2/22 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt |
| 2/25 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt Mayonnaise | 2/26 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana | 2/27 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard | 2/28 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding | 3/1 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup |

- All bag suppers contain 1% milk .
- All meals subject to change. Suggested minimum donation for persons 60+ is \$ 2.25. People under age 60 are required to pay \$5.25
- Meals available by reservation. Call your Senior Center to reserve your bag supper.