

**NEW CASTLE SENIOR CENTER  
NOVEMBER  
WEEKLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 10:30 Wii Bowling 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/Arthritis Exercise 12:00 Lunch

**NOVEMBER MONTHLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
			9:00 Bank & PO 12:30 Food Lion 5:00 Pot Luck Dinner	11:30 Brain Boosters
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
9:00-11:00 Mah Jongg Lessons 10:00 Milburn Orchards 10:00 Adult Coloring	<b>CENTER CLOSED ELECTION DAY</b>	9:30 Dutch Apple Theater 10:00 Pinochle 10:00 Chair Yoga 1:30 YMCA Diabetes Prevention Program	12:30 Shop Rite	9:30 Veterans Day Breakfast & America's White Table  12:30 New Castle Farmer's Market
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>CENTER CLOSED VETERANS DAY</b>	12:30 Pokeno	9:00 Paparazzi Jewelry 10:00 <u>No Care Wear</u> 10:00 Bayada <b>12:00 Thanksgiving luncheon</b> 12:30 Mt. Sophia Senior Chorale 1:30 YMCA Diabetes	9:00 Bank & PO 9:30 Massage Program 10:00 Blood Pressure Screenings 12:30 Food Lion 5:00 "Old Isn't Easy"	12:00 Thanksgiving Craft: Gratitude Tree
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
9:00-11:00 Mah Jongg Lessons 10:00 New Castle County Police 10:30 Book Club		10:00 Pinochle 10:00 Blood Work 10:00 AAA: Traffic Safety Program <b>No line dancing</b> 1:30 YMCA Diabetes	<b>CENTER CLOSED THANKSGIVING</b>	<b>CENTER CLOSED DAY AFTER THANKSGIVING</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
9:00-11:00 Mah Jongg Lessons 10:00 State Farm 10:00 Learn to Play Pool 11:00 Reminisce Grp. 12:15 Birthday Celeb 12:30 Brain Boosters	12:30 Food Distribution	9:30 Panera/ Christmas Tree Shop  1:30 YMCA Diabetes Prevention Program	9:00 Stand by Me  12:30 Shop Rite  4:00 Movie Night	12:30 Dollar Store