

NEW CASTLE SENIOR CENTER
APRIL
WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 9:15 Park Walk 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 9:15 Park Walk 10:00 Wii Bowling 10:30 Knit/ Crochet 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/ Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 10:00 Crafty Seniors 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 9:15 Park Walk 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/ Arthritis Exercise 12:00 Lunch

APRIL MONTHLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
10:00 Matter of Balance	9:00-12:00 AARP Tax Aide	10:00 Chair Yoga 10:00 Pinochle 1:30 Info Session: YMCA Diabetes Prevention Program	9:00 Bank & PO 12:30 Shop Rite 5:00 Pot Luck Dinner	11:30 Brain Boosters
9	10	11	12	13
10:00 Matter of Balance 10:00 Presentation: Senior Gambling 11:00 Book Club	9:00-12:00 AARP Tax Aide 12:30 Pokeno	10:00 Care Wear 10:00 Presentation: Reverse Mortgages 11:00 Lunch out-George's Restaurant	9:45 Foot Care Clinic 12:30 Food Lion	12:30 New Castle Farmer's Market
16	17	18	19	20
10:00 Matter of Balance 10:00 Presentation: Wills and Advanced Directives	9:00-12:00 AARP Tax Aide	9:00-1:00 AARP Driver Safety Refresher Course 9:30 Charter Bus Trip-New Hope, PA 10:00 Blood work 10:00 Pinochle	9:00 Bank & PO 10:00 Blood Pressure Screenings 12:30 Shop Rite	12:00 Entertainment: Suzette Pritchett
23	24	25	26	27
10:00 Matter of Balance 10:00 Presentation: How to Stay Home Safely	12:30 Food Distribution	10:00 Adult Coloring	9:00 Stand by Me 12:30 Food Lion 12:30 Foot Care Clinic 4:00 Movie Club	12:30 Dollar Store
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10:00 Matter of Balance 10:00 Reminisce Grp 12:15 Birthday Celeb 12:30 Brain Boosters				