

# 2013 Annual Report



**In 2013, Sheffield Place empowered a total of 188 homeless mothers and children to trade despair for hope and homelessness for self-sufficiency.**

Of those clients, 66 were mothers and 122 were children.

- The Residential program served 49 families (92 children).
- The Aftercare program (for families that have transitioned to permanent housing in the community) served 27 mothers (30 children).



**2013**

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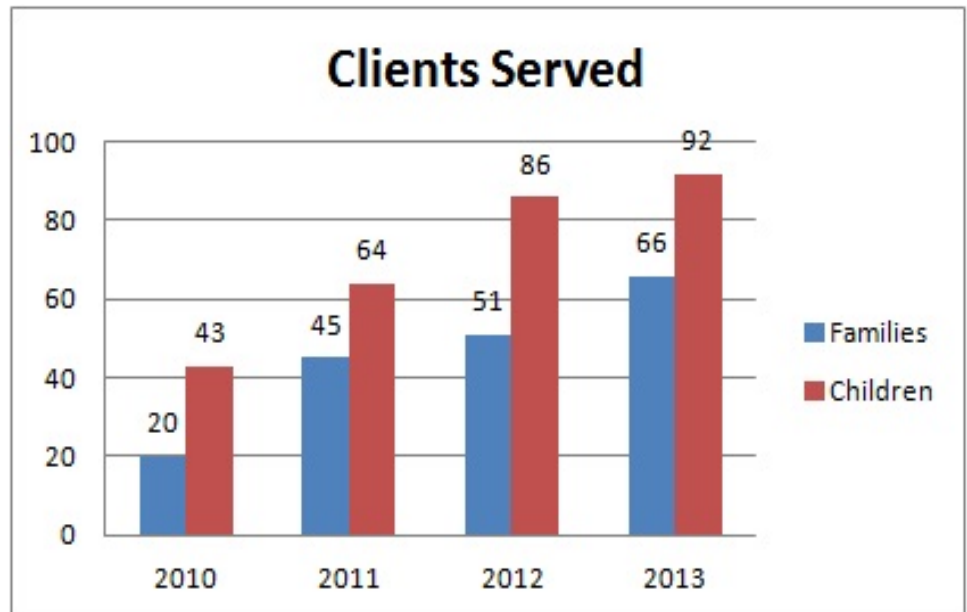
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Sheffield Place is a tax-  
exempt 501(c)3 organiza-  
tion located at:

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Kansas City, MO 64126  
(816)4839927  
info@sheffieldplace.org  
Sheffieldplace.org

Dear Sheffield Place Friend:

The strategic direction of Sheffield Place continues to be growth – serving more clients with more services to meet an increasing portion of the need for services among homeless, mother-led families. In 2013, the agency reached new levels of service.



At the same time, however, the quiet crisis of mother-led family homelessness continued to grow. In 2013, Sheffield Place received 560 telephone calls from families seeking housing and services. The agency was able to assist 49 of those families.

Sheffield Place is striving to serve more clients in two ways. First, we have increased the size of the families we admit. We now serve families with up to five children – rather than families with a maximum of two children as in past years. Second, we are expanding the agency’s housing capacity by 40% in 2014 by adding three units in the existing building and by purchasing and rehabbing three house in the neighborhood for client use. We look forward to purchasing and renovating additional homes for client use in the years ahead.

Thank you for your support of the mission of healing and self-sufficiency for homeless mothers and children in 2013 and in the years ahead!

Best wishes,

Jeff Johnson  
Board President

Kelly Welch  
Executive Director

## Client Characteristics – Residential Program

Average age of the mother	28 years
Live below the poverty line	100%
Mental health diagnosis*	100%
Background of domestic violence	86%
Addiction issues	73%
Lacks a high school diploma/GED	58%
Has other children not in her custody	55%
Grew up in foster care/runaways	51%

\*Most common diagnoses of the mothers include: Post-Traumatic Stress Disorder, Depression, Bi-polar Disorder, Adjustment Disorder, and Anxiety Disorder



<u>Race</u>		<u>Age</u>	
African American	55%	0-5 years	42%
Caucasian	43%	6-12 years	23%
Multi-racial	2%	13-19 years	>1%
Latina	12%	20-35 years	29%
		36-55 years	6%

## Services Provided

Bed nights	12,727 nights
Average length of stay	5 months
Adult individual therapy	500 hours
Family therapy	286 hours
Adult psycho-educational groups	3,622 hours
Adult case management	529 hours
Adult drug/alcohol screenings	193 tests
Children's individual therapy	59 hours
Children's groups	3,097 hours

## Residential Outcomes—Mothers

- 100% of mothers experienced improved mental health
- 86% of the families were in stable housing
- 85% of mothers increased overall satisfaction with life
- 63% improved educational and/or employment skills
- 62% of the mothers gained hope for the future

## Residential Outcomes— Children

- 100% of families improved or maintained function in the optimal range
- 85% of children improved or maintained normal mental health functioning
- 67% of mothers improved or maintained positive parenting skills in the optimal range

## Discharged Families



Of the 20 families who successfully completed the residential component of the program in 2013, 64% achieved self-sufficiency by:

- Securing stable housing
- Improving their physical and mental health (including maintaining abstinence from drugs & alcohol)
- Increasing educational and/or employment skills

## Aftercare

Aftercare families have completed the residential component of the program and continue to participate in services. They live in permanent housing.

In 2013:

- 100% of families remained in permanent housing
- 96% remained abstinent from alcohol and other drugs
- 92% improved education and/or improved or maintained income



## About Sheffield Place

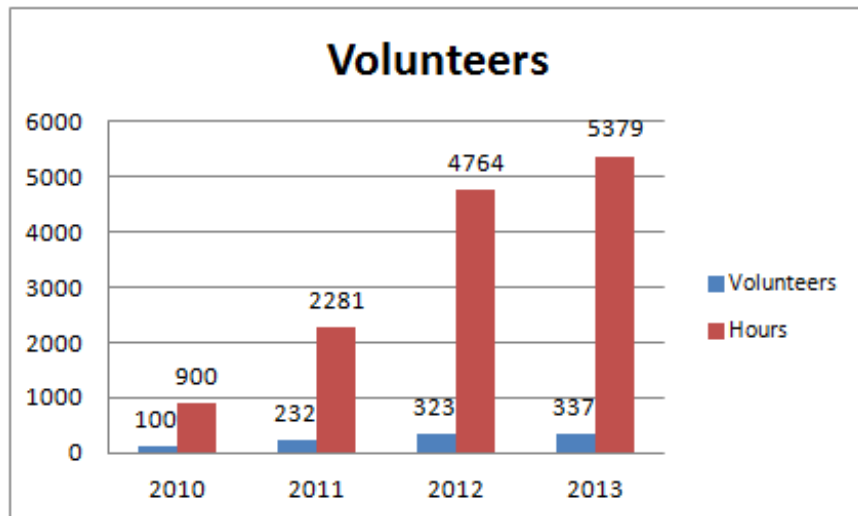
Founded in 1991 as a community response to family homelessness, Sheffield Place is the only treatment and transitional living center in Kansas City that focuses exclusively on homeless, mother-led families. Sheffield Place offers a length of stay of up to 24 months, provides intensive mental health and addiction recovery services using licensed therapists, delivers all services onsite where the families live, and ensures that all services are delivered in keeping with the principles of trauma-informed care.



## Volunteers

Sheffield Place relies on volunteers for a variety of roles that are essential to the agency's mission. Among many other tasks, volunteers work in the children's program, help in the garden, hold birthday celebrations for the children, answer phones, enter data, organize donations, supply dinners for families, and plan special

events. The agency is grateful for service of 337 people who provided 5379 volunteer hours – a new record! This represents a contribution of more than \$53,000 in services. Thank you!



## The Need

The crisis of mother-led family homelessness continues unabated in our community. Nearly half of homeless people in the Kansas City metropolitan area live in family units, the vast majority of which are female-led. (Point in Time Study, 2012). In 2012, 505 homeless mothers with children called Sheffield Place to request housing and services. In 2013, the call volume increased to 560 calls. The waiting time for admission to the program often stretches to three months.

At its core, homelessness results from the severe, chronic, and continuous trauma the mothers have endured throughout their lives. Trauma colors their existence in ways both large and small and, left untreated, will manifest itself in adverse mental and physical health over the victim's life. (Adverse Childhood Experience/ [www.acestudy.org](http://www.acestudy.org))



## A Client Story - Starla in Charge – A Sheffield Place Graduate on the Job By Steve Ornduff, Board Member



*Moly-Cop, the global leader in hot forged steel grinding balls used by mining companies, operates a major manufacturing operation just a few blocks from Sheffield Place at the old Armco Steel site. The President of Moly-Cop USA, Steve Ornduff, serves as a member of the Sheffield Place board of directors.*

In 2013, Moly-Cop completed a significant project to better secure entry into the plant site, including the construction of a perimeter fence and a main entry gate with a gate house. We decided to hire a temporary employee to work as a gate attendant to help us control and monitor the volume and type of traffic entering the plant. This traffic includes trucks to be loaded with finished product and delivery trucks. The longer term plan was to perform this task through rotation of members of the shipping crew.

Initially, we attempted to fill this position by using temporary employment agencies, but the candidates presented were unimpressive. We discussed this predicament in our weekly safety committee meeting and Norm Thomas, a member of our leadership team, suggested we approach some of the charitable organizations that operate in our area. That's when we contacted Kelly Welch at Sheffield Place, and after reviewing several candidates, she suggested we contact Starla Potter about the position.

Starla, with the support of Sheffield Place, recently became self-sufficient, but was still seeking good employment. Most of her recent experience was in fast food at a very low wage, but she had past experience as an administrative assistant intern with the City of Kansas City and claimed to have excellent computer skills, including proficiency in Microsoft Office. Kelly said that Starla was very motivated and a hard worker. So, we decided to give her a chance and hired her as our gate attendant on October 14, 2013.

Initially, the plan was for this to be a temporary position to be filled for only three or four months. Within the first week, however, we could see that Starla was special. In addition to performing her primary job, she took the initiative to better organize many of our records using MS Excel spreadsheets and MS Access databases. When we discovered her proficiency in this area, we gave her many more tasks, including organizing our plant's safety and quality assurance records. She is now conducting all safety inductions for new visitors entering the main gate to the plant, and when doing so, she is definitely "in-charge," even with salty old truck drivers. By all measures, she is doing an excellent job and has completed many value-added activities for our business.

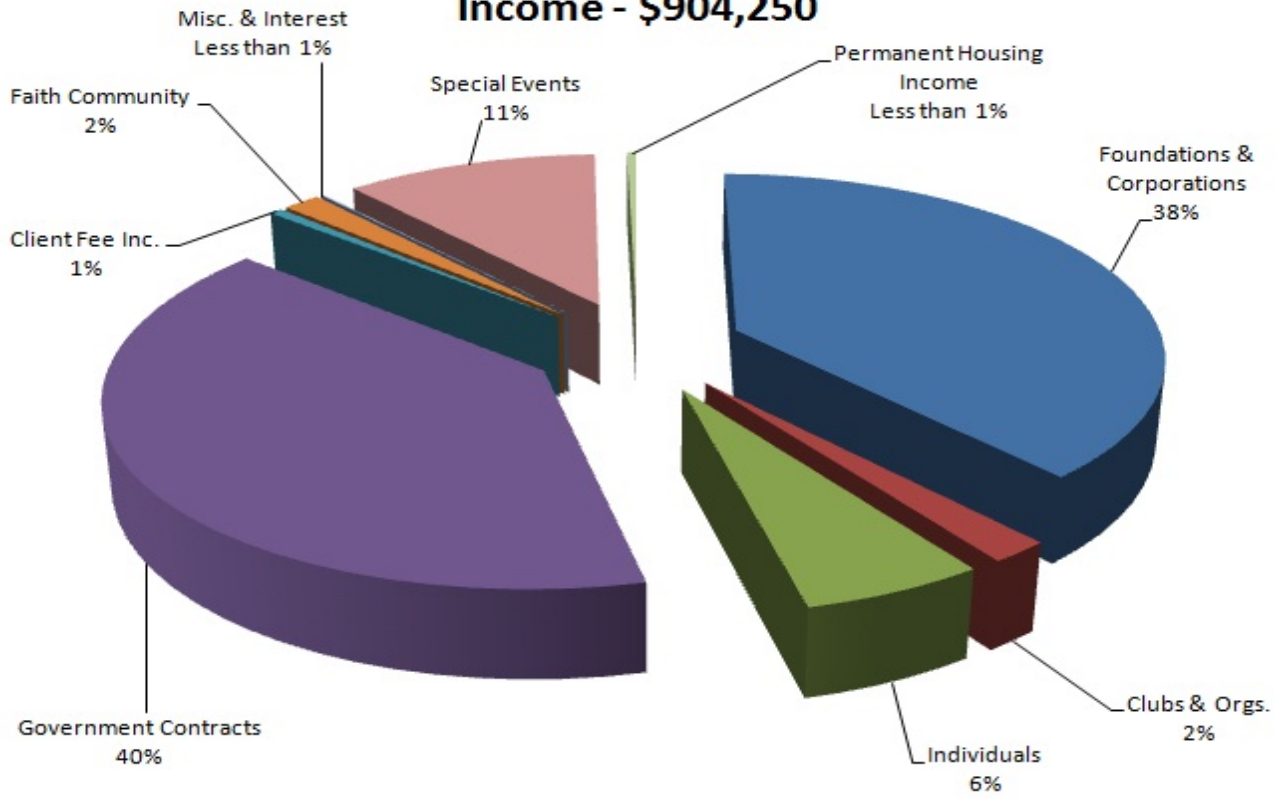
At the end of December 2013, a long-time member of our team retired. One of his primary jobs was to perform shipping clerk activities, including generating Bill of Ladings for outgoing shipments and checking freight invoices for accuracy. Starla trained to perform these activities and is now the full-time operations clerk with Moly-Cop.

Moly-Cop has benefited from the skills and work ethic Starla has brought to our company, and it is our hope that this relationship can continue for many years to come.

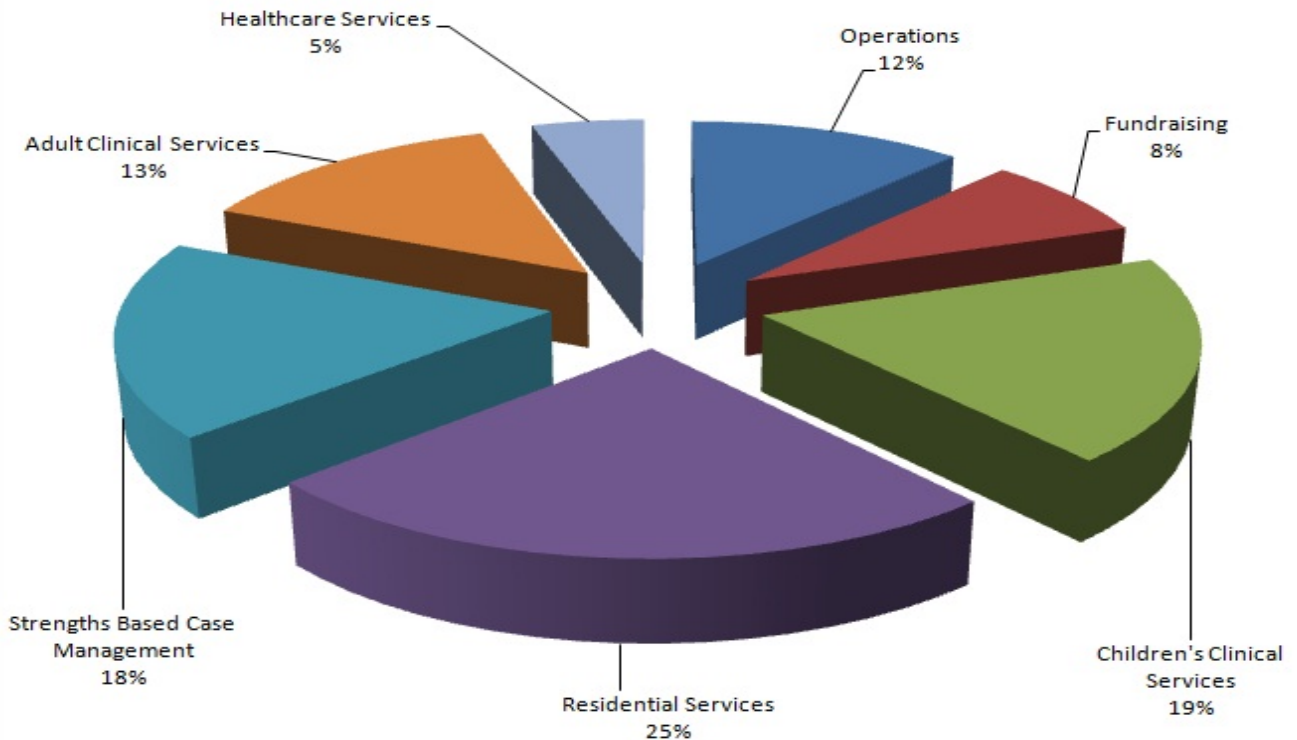


# Income and Expenses — (unaudited)

## Income - \$904,250



## Expenses - \$783,381



## Mission

The mission of Sheffield Place is  
**“To empower homeless mothers and their children to heal from their trauma and help them become self-sufficient.”**

Certified by Missouri Department  
of Mental Health  
Division of Alcohol & Drug Abuse



## Major Donors

Funding for Sheffield Place is provided, in part, by the following major donors:  
ATR – Access to Recovery, Missouri Department of Mental Health  
Kappa Kappa Gamma Holiday Homes Tour  
Jeanine E. Koger  
Frank and Margaret G. McGee Fund  
Morgan Family Foundation



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