

City Fare 5 Day Bag Supper Menu October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
10/1 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard	10/2 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	10/3 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard	10/4 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	10/5 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise
10/8 CENTER CLOSED COLUMBUS DAY	10/9 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard	10/10 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	10/11 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise	10/12 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup
10/15 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt Mayonnaise	10/16 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	10/17 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	10/18 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	10/19 CENTER CLOSED BAZAAR SET UP
10/22 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	10/23 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	10/24 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	10/25 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard	10/26 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise
10/29 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup	10/30 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	10/31 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt		

- All bag suppers contain 1% milk .
- All meals subject to change. Suggested minimum donation for persons 60+ is \$ 2.25. People under age 60 are required to pay \$5.25
- Meals available by reservation. Call your Senior Center to reserve your bag supper.