Sheffield Place continued its strategic initiative to serve more homeless families with more services than ever before. Highlights of the year included:

Shelter expansion—dedicated three new living units in the building. Seventeen families now live at the shelter—an increase of 20% in capacity.

Permanent housing—Sheffield Place added three units to the permanent housing program, bringing the total to four units. Plans call for the agency to renovate an additional 6 units in 2016.

In all, 49% are Caucasian, 45% are African American, and 6% are mixed race. Five percent self-identify as Hispanic/Latina in ethnicity. Multiple barriers to success make the path from homelessness to self-sufficiency extremely difficult, but achievable.

### CLIENT CHARACTERISTICS

- 92% have a mental health diagnosis
- 100% live well below the poverty line
- 89% struggle with addiction
- 88% have a background of domestic violence
- 68% have legal issues
- 39% grew up in foster care or were runaways
- 38% lack a high school diploma
- 29% have at least one felony conviction
- The average mother is 31.8 years of age
- The average child is 5.7 years of age

### SERVICE DATA (RESIDENTIAL & AFTERCARE)

- Average length of stay - 106 days or 3.5 months
- Bed nights - 14,766 nights
- Case management - 1,310 hours
- Adult individual therapy - 478 hours
- Family therapy - 240 hours
- Adult psycho-educational groups - 483 units
- Alcohol/drug screenings - 496 tests
- Children’s individual therapy - 91 hours
- Children’s groups - 7,395 units

### NUMBERS SERVED (UNDUPLICATED) IN 2015

<table>
<thead>
<tr>
<th></th>
<th>Mothers</th>
<th>Children</th>
<th>Total Clients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential Services</td>
<td>72</td>
<td>136</td>
<td>208</td>
</tr>
<tr>
<td>Aftercare Services</td>
<td>23</td>
<td>56</td>
<td>79</td>
</tr>
<tr>
<td>Total</td>
<td>95</td>
<td>192</td>
<td>287</td>
</tr>
</tbody>
</table>
DEAR FRIENDS,

As Sheffield Place commemorates 25 years of service, the occasion provides the opportunity to reflect on the growth and progress the agency has experienced. Founded in 1991 as a community response to the lack of housing services for homeless, mother-led families, Sheffield Place evolved into a supportive housing program with intensive mental health, addiction recovery, and self-sufficiency training services. All services strive to empower the mothers and children to begin healing from the severe trauma they have experienced as the first step toward breaking the generational cycle of poverty, homelessness, addiction, and violence.

Sheffield Place has made several policy changes to meet the needs of homeless families: 1) the agency now accepts families with up to five children where as two children was the previous limit; 2) the agency accepts any minor child unlike in the past when 12 years was the maximum age for children; and 3) mothers do not have to be clean from alcohol and other drugs for the prior 30 days; mothers who are not clean are referred to treatment and the level of drugs in their system is expected to drop.

Through these and other changes, Sheffield Place has dramatically expanded to meet a larger portion of the overwhelming need in the community. The agency served 95 families in 2015 and will serve an estimated 110 families in 2016. Those numbers contrast sharply with the 20 families the agency served as recently as 2010.

This progress has been made possible through the vision, enthusiasm, and support of the board, advisory council, volunteers, donors, staff, and community. With your continuing assistance, Sheffield Place will continue to expand the number of courageous, dedicated, hard-working clients who are “safe today, strong tomorrow!”

The Honorable Courtney Wachal – Board President
Kelly Welch – Executive Director

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Maureen Purcell – Solwork, LLC
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Richard Smith – Kansas City, Missouri Police Department
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MICHELLE'S STORY

Michelle and her three children are typical of the families at Sheffield Place. Michelle is a survivor of abuse and the trauma it entails. Her children similarly struggle with the effects of the trauma they have experienced, including the trauma of homelessness itself. While living in the facility, the family began to heal from their experiences and gain the skills they need to lead healthy, productive lives. Through hard work, Michelle secured full-time employment with benefits and has worked for the same employer for nearly 18 months.

In May, the family moved into a house that Sheffield Place renovated as a part of its permanent housing program. The family may live in the home for as long as they wish to do so. For the first time, this family knows what stability and security feel like. They have a home.

Michelle and her family illustrate the Sheffield Place motto, “Safe today, strong tomorrow.” Michelle’s story can be seen in video at sheffieldplace.org.

OUTCOMES

<table>
<thead>
<tr>
<th>Residential Clinical Services—Children</th>
<th>65% of children improved or maintained normal mental health functioning</th>
<th>92% of families experienced improved family functioning</th>
<th>83% of mothers improved their effectiveness as parents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential Clinical Services—Adults</td>
<td>60% of mothers improved their physical health</td>
<td>96% demonstrated improved mental health</td>
<td>84% of mothers were abstinent from alcohol and other drugs at discharge</td>
</tr>
<tr>
<td>Residential Housing</td>
<td>91% of discharged clients moved to permanent housing</td>
<td>70% of clients with income paid program fees</td>
<td>68% of mothers increased their income through work or public benefits; 43% were employed</td>
</tr>
<tr>
<td>Aftercare</td>
<td>94% of families remained in permanent housing</td>
<td>92% maintained abstinence from alcohol and other drugs</td>
<td>97% increased or maintained income</td>
</tr>
</tbody>
</table>

VOLUNTEERS

581 volunteers provided 3042 hours of service or the equivalent of nearly 1.5 FTE. The value of volunteer time is $64,794 using Independent Sector’s valuation of volunteer time in Missouri ($21.3 per hour).
2015 INCOME AND EXPENSES (AUDITED)

Income - $1,586,628
- Foundations/Corporations - 39%
- Clubs & Organizations - 1%
- Individuals - 4%
- Inkind Contributions - 3%
- Special Events - 13%
- Misc. & Interest Income - <1%
- Faith Community - 2%
- Government Grants - 37%
- Permanent Housing Income - <1%
- Client Fee Income - 1%

Expenses - $1,182,570
- Operation - 10%
- Case Management - 21%
- Residential Services - 17%
- Fundraising - 9%
- Children’s Clinical Services - 36%
- Adult Clinical Services - 7%

A BIG THANK YOU TO OUR MAJOR DONORS

- Anonymous
- Geraldine and R.A. Barrows Foundation, UMB Bank, N.A., Trustee
- Ina Calkins Trust, Bank of America, N.A., Trustee
- Dotson Family Foundation
- R.A. Long Foundation
- Jacob & Ella Loose Foundation
- Frank & Margaret McGee Fund
- Judge Cleveland F. Moulton Christmas Poor Fund Trust
- Rotary Club of Overland Park
- Marny & John Sherman
- Victor E. Speas Foundation
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- Watco Charities, Inc.

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www.sheffieldplace.org

The mission of Sheffield Place is “To empower homeless mothers and their children to heal from their trauma and help them become self-sufficient.”

Sheffield Place is certified by the Missouri Dept. of Health - Division of Alcohol and Drug Abuse.