



Monday

City Fare Menu October 2018



Tuesday

Wednesday

Thursday

Friday

10/1 BBQ Chicken Baked Beans Seasoned Greens Yogurt Cornbread Loaf	10/2 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread	10/3 Seafood Crab Cake Corn Baby Lima Beans Fruit Cocktail White Wheat Bread Tartar Sauce	10/4 Turkey & Swiss on Club Roll Lettuce, Tomato & Onion Cream of Potato Soup w. Bacon and Crackers Diced Peaches	10/5 Beef Burgundy over Egg Noodles Key West Veggies Orange 12 Grain Bread
10/8 CENTER CLOSED COLUMBUS DAY	10/9 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit	***10/10*** Bratwurst Sauerkraut Pierogi German Chocolate Cake Marble Rye Bread	10/11 Hamburger w. Cheddar on Hamburger Bun Lettuce & Tomato Minestrone Soup Diced Pears Crackers	10/12 Curry Coconut Chicken Brown Rice Capri Blend Veggies Pineapple Tidbits Giant Graham Fish
10/15 Swedish Meatballs over Egg Noodles California Blend Veggies 12 Grain Bread Tropical Fruit	10/16 Fire Braised Chicken Stew Mixed Salad with Onion & Tomato Peach Cobbler Ultimate Grain Bread	10/17 Pot Roast w. Gravy Baked Potato Crinkle Cut Carrots Ultimate Grain Bread Applesauce Sour Cream	10/18 Diced Chicken w. Dressing & Gravy Sweet Potatoes Peas Fresh Pear Cranberry Sauce	10/19 CENTER CLOSED BAZAAR SET UP
10/22 Broccoli Stuffed Chicken with Gravy Peas & Carrots Crinkle Cut Carrots Strawberry Waffle Cookie	10/23 Roast Pork w. Gravy Baked Sweet Potato Green Beans Fruit Cocktail Ultimate Grain Bread	10/24 Meatloaf with Marsala Mushroom Gravy Mashed Potatoes Brussels Sprouts Applesauce Apple Waffle Cookie 	10/25 Turkey Burger with Swiss Cheese, BBQ sauce, Pineapple Slice on a Whole Wheat Bun Roasted Potato Wedges Orange	10/26 Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Diced Pears Chocolate Pudding
10/29 Herbed Baked Chicken Roasted Baby Bakers Italian Beans Chocolate Bread	10/30 Ham & Swiss on a Club Roll Lettuce, Tomato & Onion Cream of Broccoli Soup Orange Crackers	10/31 Meatballs in Marinara over Penne Pasta Mixed Salad with Onion & Tomato Applesauce Ultimate Grain Bread 		

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.25. People under age 60 must pay \$5.25