

NEW CASTLE SENIOR CENTER

MARCH

WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Billiards 9:00 Pool Exercise 10:00 Wii Bowling 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 10:30 Wii Bowling 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/Coordination Class	9-7:00 Billiards 9:30 Bridge 9:30 Wii Bowling 10:00 Games w/Tom 12:00 Lunch 12:30 Super Market 1:00 Wii Bowling 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/Arthritis Exercise 12:00 Lunch

MARCH MONTHLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
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For snow closings WDEL 1150 am or www.wdel.com		Don't forget our St. Patrick's Day fundraiser on March 2nd!		11:30 Brain Boosters
4	5	6	7	8
9:15 Breakfast Out: Cracker Barrel 10:00 Adult Coloring	9:00-1:00 AARP Tax Aide	9:30-11:00 AARP Foundation Finances 10:00 Pinochle 10:00 Nutrition Ed: "Sugar Facts" 1:30 YMCA Diabetes	9:00 Bank & PO 12:30 Shop Rite 5:00 Pot Luck Dinner	12:30 New Castle Farmer's Market
11	12	13	14	15
9:30 Scavenger Hunt 10:30 Book Club	9:00-1:00 AARP Tax Aide 12:30 Pokeno	9:30-11:00 AARP Foundation Finances 10:00 Chair Yoga 10:00 Care Wear 10:00 Goodwill Fire Co.: "Fire Safety"	9:30 Massage Program 12:30 Food Lion	9:15 McAleer Irish Dancers 11:30 Irish Trivia
18	19	20	21	22
10:00 Highmark DE: "Hypertension"	9:00-1:00 AARP Tax Aide	9:30-11:00 AARP Foundation Finances 10:00 Pinochle 10:00 Blood Work 10:00 Div Public Health: Stress Mgmt 11:00 Lunch out: McGlynns	9:00 Bank & PO 10:00 Blood Pressure Screenings 12:30 Shop Rite 3:30 "Old is Not Easy"	12:30 Dollar Store
25	26	27	28	29
10:00 Reminisce Group 12:15 Birthday Celeb 12:30 Brain Boosters	9:00-1:00 AARP Tax Aide 12:30 Food Distribution	9:00-3:00 AARP Driver Safety Basic Course 10:00 Div. Public Health: Anger Mgmt	9:00 Stand by Me 12:30 Food Lion 4:00 Movie Club	12:00-1:00 Entertainment: Imagine