



Alexis Macnab Projects
artist :: director :: devisor :: educator
<http://alexismacnab.com>
amp@alexismacnab.com :: (917) 375-9040

Workshops

Puppetry

Gain experience constructing and performing various puppet types. Learn the fundamentals of movement, breath and thought in object performance. Work as an ensemble to bring your creations to life.

Topics Include:

- Shadow Puppets
- Rod Puppets
- Hand Puppets
- Traditional "Bunraku-style" Japanese Puppetry
- Large scale cloth and foam body "Bunraku-style" construction

Various workshops available. Additional time means more styles and iterations can be explored.

- Half-Day Workshop (4 hours)
- Full-Day (7-8 hours)
- Weekend (2-3 days)
- One Week (5-7 days)

Weekend and One-Week workshops include cumulative performance devised by participants. All workshops include a brief historical overview, basic build and performance techniques, and a chance to explore materials and methods. No previous experience necessary!

Alexis Macnab is a director, educator and creator of multi-disciplinary performance. She has performed as a puppeteer for Basil Twist, Janie Geiser, Tom Lee, Susan Simpson, Kevin Augustine, and Kate Brehm. Her works in puppetry and performing-objects have been presented in Chicago, New York, Los Angeles, and San Francisco, and she has received support from The Jim Henson Foundation, the CalArts Center for New Performance, the City of Santa Monica, and SAFEhouse Arts. Devoted to strengthening the muscle of imagination, Alexis makes work that challenges assumptions about form and genre in the live arts.

Alexis is an Assistant Professor of Theatre Arts & Dance at Sonoma State University, and has taught at the California Institute of the Arts, Oberlin College, and Cal State University at Long Beach as well as workshops in visual and performing arts across the country.

