



Jungian Play Therapy and Sandplay with Children: Myth, Mandala, and Meaning

DVD authored by Eric Green, Ph.D., LPC-S, RPT-S

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Review: Dr. Green's enthusiasm for Jungian Analytical Play Therapy (JAPT) is evident in his new DVD entitled *Jungian Play Therapy and Sandplay with Children: Myth, Mandala, and Meaning*. The viewer can see how he is effectively and naturally able to infuse the concepts of social justice work within JAPT. Green presents the information as if he was speaking with the viewer. Clips of his work with children are inserted throughout.

As the counselor facilitates the counseling process in JAPT, Green describes how the child is able to work towards individuation. Two counseling sessions with an adolescent are included to visualize application of the concepts. Mandalas are presented in the first session. In addition, he shows how to deepen the activity by having the adolescent write her story on the back of her mandala. The second session shows the use of sandplay. Green models how critical it is to be a witness of the client's process. The counseling sessions are a valuable piece of the DVD as they allow the viewer to be a part of his counseling sessions.

It is evident that Green has advanced JAPT knowledge and skills by his ability to describe the information with ease. This DVD may be more appropriate for counselors who are well grounded with Jungian theory and have a basic foundation of play therapy. Novice counselors may find themselves needing additional information to completely understand the theoretical constructs presented. This DVD should be a staple on the shelves of play therapists and counselor educators.

About the Reviewer:

Imelda N. Bratton, Ph.D., LPCC, PSC, NCC, RPT-S, is an assistant professor, school counselor program coordinator, and Talley Family Counseling Center co-director at Western Kentucky University in Bowling Green.

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