

**NEW CASTLE SENIOR CENTER**  
**JUNE**  
**WEEKLY ACTIVITIES**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
9:00-3:00 Billiards 12:00 Lunch 12:00 Mah Jongg 1:00 Chair Yoga	9-3:00 Billiards 10:00 Bingo 10:30 Shanghai 12:00 Lunch 1:00 Strength Building/Exercise	9-3:00 Billiards 11:00 Line Dancing 12:00 Lunch 1:00 Agility/Balance/Coordination Class	9-7:00 Billiards 9:30 Bridge 10:00 Games w/Tom 12:00 Lunch 12:30 Super Market 1:00 Zumba Gold 2:15 Tai Chi/Qi Gong 2:30 Bible Study 5:30 Yoga	9-3:00 Billiards 10:00 Bingo 10:00 Mah Jongg 10:30 Beginner's/Arthritis Exercise 12:00 Lunch

**JUNE MONTHLY ACTIVITIES**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10:00 "Think First to Prevent Falls"	9:00 Styles by the Mile	9:00 Platinum Picnic 10:00 Pinochle 10:00 Chair Yoga	9:00 Bank & PO  12:30 Food Lion  5:00 Pot Luck Dinner	12:30 Brain Boosters
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
10:00 "More A, B,C & D's of Medicare" 10:30 Book Club	12:30 Pokeno	9:30 Rainbow Dinner Theater	12:30 Shop Rite	12:30 New Castle Farmer's Market
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
9:30 Trip to C&D Senior Center: bingo/lunch		10:00 Pinochle 10:00 Blood Work 10:00 "How to Manage Debt so it Doesn't Manage You" 1:00 Bazaar Planning Meeting	9:00 Bank & PO  12:30 Food Lion 4:30 Old is not Easy <b>6:00-9:00 Dining in the Street fundraiser</b>	11:30-12:30 NC Library Book Bike 12:00 Entertainment: Dave Miceli
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
10:00 Adult Coloring 10:00 Lincoln Heritage Life Insurance 12:15 Birthday Celeb 12:30 Brain Boosters	12:30 Food Distribution	10:00 Reminisce Group 11:00 Lunch out-The Legend Restaurant 1:30 YMCA Diabetes Prevention Program	9:00 Stand by Me 10:00 Blood Pressure Screenings  12:30 Shop Rite 4:00 Movie Club	11:30-12:30 NC Library Book Bike 12:30 Dollar Store

**Don't forget Separation Day is June 8<sup>th</sup>. Join us in the parade!**