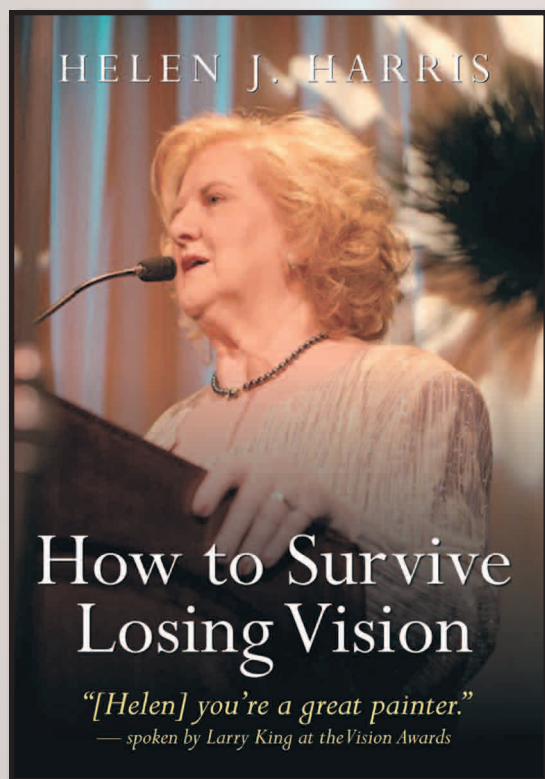


How to Survive Losing Vision

Managing and Overcoming Progressive
Blindness Because of Retinal Disease

Helen J. Harris



About the Book

This is the story of one woman's courageous struggle against the relentless encroachment of darkness. Helen Harris, after a childhood marked by unplanned clumsiness, skinned knees, and being known as the class klutz, discovered she was a victim of retinitis pigmentosa (RP), a disease causing progressive blindness and having no known cure. Devastated by this prognosis of ever-growing darkness, this brave and stoic young girl determined nonetheless to make the most of her future.

About the Author

Helen Harris has been a tireless advocate for the blind and vision impaired for the past 40 years as founder of Retinitis Pigmentosa International (RPI), The Vision Awards, and TheatreVision described movies for the blind. Helen has testified before Congress about major issues facing the blind and enlisted the aid of President George H. W. Bush, whom she met at the White House in 1990. She has received the support of major Hollywood directors, producers, and stars including Charlton Heston, Bob Hope, Jon Voight, Sherry Lansing and many others. She commissioned the first medical book written exclusively about retinitis pigmentosa (RP) and has also been responsible for contributions approximating \$325 million for research and treatment for RP and other degenerative eye diseases.



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