

Regina Trailweaver, LICSW

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Education

- M.S.W.** **University of Vermont, 1995.** Graduate Teaching Fellowship. GPA: 3.8
- B.A.** **University of Massachusetts, 1985.** Major: English. Academic Honors: Phi Beta Kappa, Commonwealth Scholar, University Honors Program, Scholastic Achievement Award, Summa Cum Laude

Experience

- Private Practice, Washington County: Providing counseling services to children, families, couples, groups, and individuals 2008-Present
- Private Practice, Rutland Area: Providing counseling services to children, families, couples, groups, and individuals 2004-2011
- School Based Clinician, Washington County Mental Health: Initiated programs in four schools; provided counseling services, case management, and behavioral consultation for students K-12 in Washington West Supervisory Union 1999-2004
- Clinical Social Worker, Vermont Children's Aid Society, Rutland, VT: Provided counseling and case management services to foster and adoptive families; co-founded and facilitated Inter-Racial Family Groups; founded Vermont Children's Aid Office in Bennington, VT. 1995-1999

Publications/Presentations

- Co-authored Contesting Boundaries in Social Work Education, a monograph exploring "A Liberatory Approach to Cooperative Learning and Teaching" 1999
- Presentations for educators, providers, and parents on attachment disorder and attachment therapy 1998-Present
- Presentations and workshops for educators, providers, and parents on the use of yoga in treating trauma, anxiety, and depression 2010-Present

Research Experience

- Graduate Research and Teaching Assistant, University of Vermont 1992-1994

Teaching Experience

- Upper Valley Teacher Training Program, Middle and High School English 1990
- Sexual Abuse Prevention Groups for children 1996
- Supervised MSW Intern from UVM 1998-1999
- Supervised MSW Intern from UVM 2002-2003

Professional Development

- Training in Attachment Therapy with Dan Hughes 1998-2000
- Yoga Teacher Training, Kripalu 2009
- 160 CEUs specializing in trauma and attachment As of 2011

Affiliations/Memberships

- National Association of Social Workers 1998-Present
- Vermont Adoption Consortium 1998-Present
- Yogis Anonymous 2011-Present

Interests

- Gardening
- Creative Writing
- Drawing and Painting
- Yoga
- X-Country Skiing, Cycling, and Hiking

Experience

- Social Work Intern, Hospital Social Work, Gifford Medical Center, Randolph, Vermont
- Social Work Intern, Parent/Child Center of Addison County, Middlebury, Vermont
- Co-founded and served on the boards of: Yale Divinity School Daycare, 1986-87; Magic Mountain Daycare, South Royalton, VT, 1987-1991