

**Engaging Parents and Guardians of High School-Aged Sons in Stopping
Sexual Exploitation and Harm**



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Must Read Books

Books on Raising Boys

Best Things Fathers Do

Author: Will Glennon

Following his popular book, *The Collected Wisdom of Fathers*, Will Glennon combines the insights culled from interviews with fathers, research, and his own personal experience as a dad into *Best Things Fathers Do*. The book is both helpful and inspiring and is perfect for all fathers, new and old. Fathering is a full-time job. The age-old notion that fathering extends only to the occasional pick-up game of catch or fishing trip is certainly a thing of the past. Fathers are more involved than ever with daily care, teaching, and rearing of their children. In *Best Things Fathers Do*, Glennon not only celebrates fatherhood, but gives dads the tools to build close, powerful emotional bonds with their children.

Raising Cain: Protecting the Emotional Life of Boys

Author: Dan Kindlon, Ph.D., and Michael Thompson, Ph.D

Two of the country's leading child psychologists share insights gained over more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting--sad, afraid, angry, and silent. Kindlon and Thompson set out to answer one basic and crucial question: What do boys need that they're not getting? The authors illuminate the forces that threaten our boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories of "mother blame," "boy biology," and "testosterone," the authors shed light on the destructive emotional training our boys receive—thus revealing and challenging the emotional mis-education of boys.

Real Boys: Rescuing Our Sons From the Myths of Boyhood

Author: William Pollack

Based on William Pollack's groundbreaking research at Harvard Medical School for more than two decades, *Real Boys* explores this generation's "silent crisis": why so many boys are sad, lonely, and confused although they may appear tough, cheerful, and confident. Pollack challenges conventional expectations about manhood and masculinity that encourage parents to treat boys as little men, raising them through a toughening process that drives their true emotions underground. Only when we understand what boys are really like, says Pollack, can parents and teachers help them develop more self-confidence and the emotional savvy they need to deal with issues such as depression and violence, drugs and alcohol, sexuality, and love

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So Sexy So Soon: The new sexualized childhood and what parents can do to protect their kids

Author: Diane Levin, Ph.D. and Jean Kilbourne, Ed.D.

An invaluable and practical guide for parents who are fed up, confused, and even scared by what their kids—or their kids' friends—do and say. Diane E. Levin, Ph.D., and Jean Kilbourne, Ed.D., internationally recognized experts in early childhood development and the impact of the media on children and teens, understand that saying no to commercial culture—TV, movies, toys, Internet access, and video games—isn't a realistic or viable option for most families. Instead, they offer parents essential, age-appropriate strategies to counter the assault.

Talking to Your Kids About Sex: turning "the talk" into a conversation for life

Author: Laura Berman

Discover how and when to teach your kids all they need to know about sexual health. Renowned therapist and educator Dr. Laura Berman gives you these tools to open up the lines of communication and make the talk a unique bonding experience for parent and child. Learn how to establish and share your family values around sex in every conversation and how to help your child develop a healthy, confident body image and self-esteem. Preparing your child for a healthy sexual future is one of the best gifts you can give him or her. Provide all the crucial information your child needs from infancy through the late teen years with Dr. Berman's resourceful, reassuring, and age-appropriate guide.

Teenage Boys!: Shaping the Man Inside : Surviving & Enjoying These Extraordinary Years

Author: Bill Beausay

A teenage boy's world is a dynamic, unpredictable place. That is why stringent parenting "techniques" do not always bring about the results we expect. Though we know a parent's ability to survive the teenage years is crucial to healthy development, it is often hard for parents to know the best way to do this. Consequently, parents are often overwhelmed by the challenge. In this user-friendly guide, Bill Beausay offers six fresh principles that can help a parent overcome fears about raising a son while powerfully shaping the man inside your teenage boy.

Books on Gender Expectations

Dude, You're a Fag

Author: C. J. Pascoe

High school and the difficult terrain of sexuality and gender identity are brilliantly explored in this smart, incisive ethnography. Based on eighteen months of fieldwork in a racially diverse working-class high school, *Dude, You're a Fag* sheds new light on masculinity both as a field of meaning and as a set of social practices. C. J. Pascoe's unorthodox approach analyzes masculinity as not only a gendered process but also a sexual one. She demonstrates how the "specter of the fag" becomes a disciplinary

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mechanism for regulating heterosexual as well as homosexual boys and how the "fag discourse" is as much tied to gender as it is to sexuality

Real Boys' Voices: Boys Speak Out About Drugs, Sex, Violence, Bullying, Sports, School, Parents and So Much More

Author: William Pollack

In order To gather information for this book, Pollack traveled across the country, speaking to boys of all socioeconomic backgrounds and races, to find out about the pressures, pleasures, expectations and attitudes of growing up male in America. He found boys hungry for connection, longing to be themselves, and yearning for change. They are filled with fear, confusion, and anxiety about coming of age but unlike girls, feel intense pressure to keep their emotions bottled up inside

Books on Sexual Exploitation

A Crime So Monstrous: Face-to-Face with Modern-Day Slavery

Author: E. Benjamin Skinner.

Journalist E. Benjamin Skinner gives several accounts of current slaves and traffickers, but emphasizes slavery victims in Haiti, Sudan, Romania and India. Their stories, conditions, and abolition are recorded and analyzed.

Not For Sale: Feminists resisting prostitution and pornography

Author: Catherine MacKinnon and Elizabeth Long

The essays collected in this anthology connect feminist perspectives on the sex industry with radical critiques of racism, poverty, militarism, and unbridled corporate capitalism, and show how the harms of prostitution and pornography are amplified by contemporary technologies of mass communication. Bringing together research, testimony, and theory by more than thirty writers and activists from different countries and generations, including a number of courageous industry survivors, *Not For Sale* is both a vital contribution to ongoing debates and a call to action and resistance

Not for Sale: The return of the Global Slave Trade and How We Can Fight It

Author: David Batstone.

Journalist/Professor/Editor David Batstone profiles the new generation of abolitionists who are leading the struggle to end modern-day slavery.

The Sacred Bath: An American teen's story of modern day slavery

Author: Theresa Flores

Theresa Flores tells her story of trafficking and slavery while living in an upper-middle class suburb of Detroit Michigan. At fifteen she was drugged, raped and tortured for two long years. During this time she was kept in bondage, forced to pay back an impossible debt, all the while living at home, attempting to keep family safe and attending school during the day alongside one of her abusers. She would be called into "service" late each night, while her unknowing family slept. Involuntarily involved in a

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large criminal ring, Ms. Flores endured more as a child than most adults will ever face their entire lives. In *The Sacred Bath*, Flores discusses how she healed the wounds of slavery and offers advice to parents and professionals on preventing this from occurring while providing educational information on human trafficking in modern day America.

Multimedia For Parents

Empowering Parents

The audience for this blog is parents, and it covers a variety of issues ranging from teaching manners to hygiene as well as other articles by social workers on an array of subjects such as teaching accountability and responsibility.

<http://www.empoweringparents.com/index.php>

Fathers.com: National Center for Fathering

We believe **every** child needs a dad or father figure they can count on. The research is clear: children thrive when they have an involved male role model—someone who loves them, knows them, guides them, and helps them achieve their goals. The National Center for Fathering works to inspire and equip men to be the involved fathers, grandfathers and father figures who can meet their children need.

Daily Podcast

This podcast provides fathering tips and encouragement through the broadcast of *Today's Father*, a daily 3-minute radio program that challenges dads to “keep up the good work.”

<http://www.fathers.com/>

Sex... with Mom and Dad

In each half-hour episode, *Loveline's* Sex and Relationship Expert Dr. Drew Pinsky will help a teen and their parents work through their problems about sex, dating, and relationships. Examples of scenarios include: a dad is worried that his daughter uses her sexuality to get attention; a son is concerned that ever since he came out of the closet, his parents haven't acted the same towards him; or a son's “ladies man” attitude has mom worried that sex, and the girls he sleeps with, mean nothing to him.

<http://www.mtv.com/shows/sexwithmomanddad/series.jhtml>

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Must See Films

Hip-Hop: Beyond Beats and Rhymes

Sparking dialogue on hip-hop and its declarations on gender, HIP-HOP: Beyond Beats and Rhymes provides thoughtful insight from intelligent, divergent voices including rap artists, industry executives, rap fans and social critics from inside and outside the hip-hop generation.

Call and Response

CALL+RESPONSE is a first of its kind feature documentary film that reveals the world's 27 million dirtiest secrets: there are more slaves today than ever before in human history. CALL+RESPONSE goes deep undercover where slavery is thriving from the child brothels of Cambodia to the slave brick kilns of rural India to reveal that in 2007, slave traders made more money than Google, Nike and Starbucks combined. (89 min).

Bangkok Girl

19-year-old Pla tells of her experience trying to avoid prostitution while working in a bar in Thailand since the age of 13. The film shows how, with time, she will inevitably be forced into the trade (42 min).

Demand

This documentary exposes the men who buy commercial sex, the vulnerable women and children sold as commodities, and the facilitators of the trade within the marketplace of exploitation (45 min).

Holly

An American stolen artifacts dealer comes across a 12 year old Vietnamese girl sold by her family into prostitution. The film focuses on his attempt to bring the girl to safety and raise awareness about child trafficking (114 min).

Lilya 4 Ever

At 16 in the former Soviet Union, Lilya is left by her mother. Tricked into prostitution, the film tells the story of the horror Lilya's life soon becomes. (109 min).

Not for Sale

This documentary investigates the 27 million individuals ensnared in the modern day slave trade. Undercover footage covers trafficking operations and what modern-day abolitionists are doing to fight the rampant terrors of human trafficking in the US and abroad (85 min).

Low-Cost Counseling Services in Chicago-land Area

Between Friends

Toll-free Crisis Line (800-603-HELP)

Phone: (773) 274-5232

Between Friends is a nonprofit agency dedicated to breaking the cycle of domestic violence and abuse by providing education, support, counseling, and advocacy services. Between Friends works with individuals, families, and communities to create awareness about domestic violence and abuse and to reduce its prevalence and impact.

Comprehensive programs and services include counseling for victims and their children, court advocacy, and prevention and education efforts including healthcare education and their extensive teen dating violence prevention program, REACH (Relationship Education: A Choice for Hope).

Center for Contextual Change –

(847)676-4447 (ext 304 to schedule an intake or to speak to an operator)

“We are a group of nationally recognized, highly trained psychotherapists specializing in trauma, domestic and family violence, child and adult sexual abuse, addiction, compulsion, self-injurious behavior, and severe emotional and behavioral disorders.”

Fees may be as low as \$30 per/visit to receive counseling with an intern (who is supervised by a senior staff person).

Community Counseling Centers of Chicago

(773)769-0205

“We offer quality, comprehensive customer-oriented services tailored to the diversity of its consumers.” Services include low cost (\$8 and up depending on income) counseling. There is a waiting list for people without insurance.

Metropolitan Family Services

312/986-4000

contactus@metrofamily.org

A voice for families. With compassionate counsel and services for families struggling to overcome incredible challenges, Metropolitan makes a difference in their lives and provides hope for their future. Provides support to individuals and families challenged with personal, phase-of-life and transitional issues, supports parents in acquiring skills that promote the healthy growth and development of children, provides services to address violence in homes and schools to keep individuals and families safe.

Mujeres Latinas en Acción

(773) 890-7676

Mujeres Latinas en Acción empowers Latinas through providing services which reflect their values and culture and being an advocate on the issues that make a difference in their lives. With services for domestic violence, sexual assault and parent support.

Outreach and Direct Services for Survivors of the Sex Trade in Chicago

Anne's House – Salvation Army's Partnership to Rescue Our Minors from Sexual Exploitation is Illinois' only long-term, trauma-informed, residential program for young women and girls who have been impacted by sex trafficking and commercial sexual exploitation. The program offers comprehensive services including individual and group therapy, life skills training, support with academic and vocational goals, social and recreational activities, and spiritual guidance.

www.sapromise.org/anne.htm

(312) 291-7916

Center on Halsted has a Legal Clinic that provides free and confidential information and referrals from local volunteer attorneys and legal organizations. [The Center has an](#) Education and Victim Advocacy team who works to reduce bias and violence in the lives of LGBT, queer, questioning and HIV-affected people. The Center also has an anti-violence project that offers a 24-hour crisis hotline, counseling, incident reporting assistance, court accompaniment, and victim advocacy to LGBTQ survivors of abuse and violence.

www.centeronhalsted.org/EVA.html

(773) 472-6469

Dreamcatcher Foundation is an agency run by survivors of the sex trade, the Dreamcatcher Foundation provides health services, counseling, referrals to transitional housing and addiction treatment facilities, employment placement, and educational support for young women between the ages of 12-25 who have survived the sex trade.

<http://dianetye.com/dreamcatcherfoundation/index1.html>

(773) 936-9898

Footprints offers hope and rehabilitative services to girls and women exposed to trauma in the sex trade. It also facilitates prevention for substance abuse and HIV for women arrested for prostitution in Cook County.

www.cchc-online.org

(773) 533-5600

Heartland Alliance, Families Building Communities (FBC) provides supportive services for women and their families, including those impacted by prostitution, in their transition from shelter to permanent housing. FBC uses a strengths-based family case management model, providing intensive, home-based case management services, a rental subsidy for 12 months, and 12 months of follow-up case management. The program also includes additional mentorship and trauma recovery resources for women who have been charged with prostitution.

www.heartlandalliance.org

(773) 624-8148 ext.1955

Heartland Alliance's National Immigrant Justice Center - Counter Trafficking Project provides comprehensive legal services and case management for children and adult survivors of human trafficking. Attorneys and paralegals guide trafficking survivors through the process of obtaining T-visas.

www.immigrantjustice.org

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Illinois Coalition Against Sexual Assault (ICASA) is a not-for-profit that oversees and convenes 33 community-based sexual assault crisis centers working together to end sexual violence. Each center provides 24-hour crisis intervention services, counseling and advocacy for victims of sexual assault and their significant others. Each center presents prevention education programs in Illinois communities. ICASA has training and service standards that each center is required to meet, including approved standards for its centers that offer services for prostituted and trafficked people.

www.icasa.org

The Northern Tier Anti-Trafficking Consortium (NTAC) is administered by Heartland Human Care Services and provides comprehensive trauma-informed, client-centered, culturally-competent case management to foreign-born human trafficking survivors throughout 14 states and Puerto Rico as well as trainings, technical assistance and capacity building for organizations.

1-800-837-5345

National Runaway Switchboard helps keep America's runaway and at-risk youth safe and off the streets. Their 24-hour crisis line has experienced front-line team members ready to help. Their services are anonymous, confidential, and free.

www.1800runaway.org

1-800-RUNAWAY

National Immigrant Justice Center ensures human rights protections and access to justice for immigrants, refugees, and asylum seekers through direct legal services, policy reform, impact litigation, and public education.

www.immigrantjustice.org

The Night Ministry connects with Chicago's vulnerable youth and adults through street outreach, youth shelter and supportive services, and their mobile health outreach bus. They provide basic resources, free healthcare, housing and supportive services for youth and referrals to other agencies for specific resources.

www.thenightministry.org

(773) 784-9000

Pillars provides comprehensive mental health services, including a 24-hour hotline and crisis intervention for victims of domestic violence and sexual violence. Pillars runs the Constance Morris House, a domestic violence shelter, and offers legal advocacy and counseling for women and children experiencing domestic violence and sexual violence including child sexual assault, incest, rape, and sex trafficking.

www.pillarscommunity.org/services/DomesticandSexualViolenceServices.asp

24 hour Domestic Violence Hotline: (708) 485-5254

24 hour Sexual Violence Hotline: (708) 482-9600

Prologues is an outreach team that travels throughout the city to provide HIV prevention and support services for people involved in the commercial sex trade.

Lucretia Clay-Ward, (773) 317-8711

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Salvation Army's STOP-IT builds relationships with suspected trafficked persons through street outreach. They serves both children and adults who are impacted by sex or labor trafficking. STOP-IT offers services referrals and ongoing support to people who are currently being victimized or who have survived trafficking. They also conduct training seminars to raise awareness about the existence of human trafficking and offer practical assistance to community services providers. Contact the STOP-IT's 24-hour hotline, 1-877-606-3158, to report a suspected case of human trafficking including commercial sexual exploitation of children, sex trafficking, and labor trafficking.

(773) 275-6233 X3029

Young Women's Empowerment Project is a community-based, youth-led project that was founded in 2001 by a radical feminist and harm-reduction-based collective of women and girls involved in the sex trade, street economy, and their allies. They were created by women and girls who believe that any girl can be empowered and that all girls are priceless, creative, and smart and can be leaders in their communities. YWEP offers girls involved in the sex trade and street economy and who are ages 12-24 a place for non-judgmental support, harm-reduction information and resources.

www.youarepriceless.org

Advocacy Organizations Working on Issues of Sexual Exploitation in Chicago

Chicago Alliance Against Sexual Exploitation envisions a community free from all forms of sexual exploitation, including sexual assault and the commercial sex trade. CAASE addresses the culture, institutions, and individuals that perpetrate, profit from, or support sexual exploitation. Their work includes prevention, policy reform, community engagement, and legal services. As the lead agency for the End Demand Illinois campaign, CAASE seeks to refocus law enforcement's attention on pimps, johns and traffickers, while proposing a network of support and services for survivors of the sex trade.

www.caase.org and www.enddemandillinois.org
(773) 244-2230

Salvation Army's Partnership to Rescue Our Minors from Sexual Exploitation (PROMISE) is a Chicago faith-based organization working against the sexual exploitation of minors. Its mission is to address, in a holistic manner, the commercial sexual exploitation of youth under 18 in the Chicago area by focusing on prevention, intervention, outreach and service provision.

www.sapromise.org
(312) 286-2011

Prostitution Alternatives Round Table is a network of governmental and private non-profit organizations and survivors of prostitution dedicated to addressing the many issues surrounding prostitution and homelessness in Chicago. PART is a project of the Chicago Coalition for the Homeless and is led by an active Steering Committee and Committee of Survivors of Prostitution.

www.chicagohomeless.org
(312) 435-4548

Soroptimist is an international volunteer organization comprised of professional women working to improve the lives of women throughout the world through raising public awareness, fundraising, programming, and membership.

<http://www.soroptimist.org/>

Traffick Free is dedicated to raising awareness about human trafficking by conducting presentations for churches, schools, and groups. They also serve as a liaison with the community, linking community members with trafficking service providers for training, educational, and volunteer opportunities.

For additional information:
www.traffickfree.org