

MON	TUE	WED	THU	FRI
<p>Most Entrees Cooked from Scratch Organic Produce Served when Possible, Conventional Produce Follows the "Shoppers Guide to Pesticides" Methodology to Reduce Potential Pesticide Exposures up to 92%</p> <p>We Feature Humanely Raised Meats Milk is Hormone & Antibiotic Free Snack Rotation Subject to Change</p>	<p>Breakfast Portion Grain/Bread: 1/2 slice, 1/2C, or .5 oz Fruit: 1/2C Milk: 3/4C or 1/2C <2 yr Lunch Portion Meat/Alt 1.5 oz, Grain/Bread 1/2 slice or 1/4C, Veg & Fruit (2 types) 1/2C total, Milk 3/4 cup or 1/2 cup <2 yr PM Snack Portion Veg or Fruit 1/2C, Meat/Alt 1 oz or 1/4C Grain /Bread: 1/2 slice or 1/3C or .5oz</p>	<p>1</p> <p><u>AM Snack</u> Vanilla Yogurt with Seasonal Fruit</p> <p><u>Lunch</u> Chicken & Veggie Pot Stickers with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Shelled Edamame</p>	<p>2</p> <p><u>AM Snack</u> Whole Grain Cereal with Seasonal Fruit</p> <p><u>Lunch</u> Grilled Cheese on Sourdough with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Veggie Sticks with Ranch</p>	<p>3</p> <p><u>AM Snack</u> Mini Muffin & Seasonal Fruit</p> <p><u>Lunch</u> Veggie & Edamame Stir Fry with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Egg Salad with Crackers</p>
<p>6</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Pasta & Grilled Chicken in Light Butter with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Gourmet Wheat Thins & Mozzarella String Cheese</p>	<p>7</p> <p><u>AM Snack</u> Waffles and Jelly with Seasonal Fruit</p> <p><u>Lunch</u> Egg & Cheese Breakfast Sandwich with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Breadsticks with Marinara</p>	<p>8</p> <p><u>AM Snack</u> Whole Grain Cereal with Seasonal Fruit</p> <p><u>Lunch</u> Hamburger with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Veggie Sticks with Ranch</p>	<p>9</p> <p><u>AM Snack</u> Nutri Grain Bar with Seasonal Fruit</p> <p><u>Lunch</u> Chicken Fried Rice Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Celery Sticks with Hummus Dip</p>	<p>10</p> <p><u>AM Snack</u> Zucchini Bread & Seasonal Fruit</p> <p><u>Lunch</u> Grilled Turkey Burger with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Veggie Straws with Creamy Avocado Dip</p>
<p>13</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Egg Omelet & Grilled Peppers with Tater Totss & Fruit</p> <p><u>PM Snack</u> Gourmet Wheat Thins & Mozzarella String Cheese</p>	<p>14</p> <p><u>AM Snack</u> Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p><u>Lunch</u> Baked Ziti with Meat Sauce and Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Chex Mix</p>	<p>15</p> <p><u>AM Snack</u> Vanilla Yogurt with Seasonal Fruit</p> <p><u>Lunch</u> Indian Rice with Chickpeas with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Shelled Edamame</p>	<p>16</p> <p><u>AM Snack</u> Whole Grain Cereal with Seasonal Fruit</p> <p><u>Lunch</u> Chicken Nuggets with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Veggie Sticks with Ranch</p>	<p>17</p> <p><u>AM Snack</u> Mini Muffin & Seasonal Fruit</p> <p><u>Lunch</u> Pesto Veggie Pizza with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Egg Salad with Crackers</p>
<p>20</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Pasta with Meat Sauce and Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Gourmet Wheat Thins & Mozzarella String Cheese</p>	<p>21</p> <p><u>AM Snack</u> Waffles and Jelly with Seasonal Fruit</p> <p><u>Lunch</u> Teriyaki Chicken with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Breadsticks with Marinara</p>	<p>22</p> <p><u>AM Snack</u> Whole Grain Cereal with Seasonal Fruit</p> <p><u>Lunch</u> All-American Cheeseburger and Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Veggie Sticks with Ranch</p>	<p>23</p> <p><u>SCHOOL CLOSED</u> <u>TEACHER TRAINING</u></p>	<p>24</p> <p><u>SCHOOL CLOSED</u> <u>TEACHER TRAINING</u></p>
<p>27</p> <p><u>AM Snack</u> Whole Grain Cereal & Milk with Seasonal Fruit</p> <p><u>Lunch</u> Red Beans & Rice with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Gourmet Wheat Thins & Mozzarella String Cheese</p>	<p>28</p> <p><u>AM Snack</u> Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p><u>Lunch</u> Mac & Cheese with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Chex Mix</p>	<p>29</p> <p><u>AM Snack</u> Vanilla Yogurt with Seasonal Fruit</p> <p><u>Lunch</u> Grilled Chicken Taco Salad with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Shelled Edamame</p>	<p>30</p> <p><u>AM Snack</u> Whole Grain Cereal with Seasonal Fruit</p> <p><u>Lunch</u> Sweet & Sour Chicken with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Veggie Sticks with Ranch</p>	<p>31</p> <p><u>AM Snack</u> Mini Muffin & Seasonal Fruit</p> <p><u>Lunch</u> Grilled Turkey Burger with Seasonal Veggies & Fruit</p> <p><u>PM Snack</u> Egg Salad with Crackers</p>