

City Fare Bag Supper Menu March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				3/1 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup
3/4 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	3/5 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard	3/6 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise	3/7 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	3/8 Turkey & Swiss on White Wheat Bread with Lettuce & Tomato Red Skin Potato Salad Mixed Fruit Cup Yogurt Mayonnaise
3/11 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	3/12 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	3/13 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard	3/14 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	3/15 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise
3/18 Meatloaf on Potato Bread Potato Salad Diced Peaches Ketchup	3/19 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	3/20 Tuna Salad on a Club Roll with Lettuce and Tomato Marinated Vegetable Salad Orange or Banana	3/21 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard	3/22 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise
3/25 Ham & Swiss on a Baby Kaiser Roll with Lettuce & Tomato Raisins Yogurt Mustard	3/26 Grilled Chicken Patty on Whole Wheat Hamburger Roll Lettuce & Tomato Carrot Raisin Pineapple Salad Rice Pudding Mayonnaise	3/27 Egg Salad on White Wheat Bread Lettuce & Tomato Peaches Chocolate Pudding	3/28 Chicken Salad On Pita Marinated Bean Salad Pear or Apple Yogurt	3/29 Roast Beef with Cheddar Cheese on 12 Grain Bread Coleslaw Banana or Orange Mustard

- All bag suppers contain 1% milk .
- All meals subject to change. Suggested minimum donation for persons 60+ is \$ 2.25. People under age 60 are required to pay \$5.25
- Meals available by reservation. Call your Senior Center to reserve your bag supper.