



Mindful Pathways Counseling

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INDIVIDUAL CLIENT INFORMATION FORM

Name: _____

Today's Date: _____

Address: _____

Telephone: (cell) _____

OK to leave message? Yes ___ No ___

Telephone: (home/work) _____

OK to leave message? Yes ___ No ___

Email address _____

Date of Birth: _____

Age: _____

Gender: _____

Occupation: _____

Education: _____

Relationship Status: Single ____ Partnered ____ Married ____ Divorced ____ Widowed ____

Name and number of person I can contact in case of emergency: _____

Please list the current members of your household:

Name	Age	Relationship to You

If you have had previous counseling or therapy, briefly describe this experience (when, with whom, and why you sought help).

Briefly describe your reason(s) for seeking counseling:

Please list any medical problems or physical symptoms. _____

Please list any medications that you are currently taking.

Name of medication Dose Taken for: Prescribed by: _____

Have you thought about hurting or killing yourself within the past 6 months? No__ Yes__

Have you ever attempted suicide? No__ Yes__ If Yes, when? _____

What do you consider your strengths? _____

How did you learn about my services? _____

Thank you for completing this form. Barbara A. Segal, LPC, NCC, CHT