

SEPTEMBER 2011 FINANCIAL JOURNAL

Thursday September 1, 2011

- 90 Baht for gas to fill motorbike
- 60 Baht for coffee at Ban Bai Mai Coffee Shop
- 40 Baht for lunch at Rice Lady – veggie fried rice with egg
- 14 Baht for yogurt from corner store

Total Food/Drink: 114 Baht Total Personal: 0 baht Total Transportation: 90 Baht

TOTAL: 204 Baht

Friday September 2, 2011

- 30 Baht @ Noonoy School for snacks and tea
- 97 Baht @ 7-11: water, juice, cashews, and soap (16)
- 150 Baht for dinner at Kampon

Total Food/Drink: 261 Baht Total Personal: 16 Baht Total Transportation: 0 Baht

TOTAL: 277 Baht

Saturday September 3, 2011

- 360 Baht for Thai massage—300 for 2 hour massage, 60 Baht for tip
- 90 Baht for lunch at Good Health
- 20 Baht for juice from corner store

Total Food/Drink: 110 Baht Total Personal: 360 Baht Total Transportation: 0 Baht

TOTAL: 470 Baht

Sunday September 4, 2011

- 490 Baht for laundry—as always, I will now give my monthly laundry disclaimer. You can get your laundry done for way cheaper if you want. This was a large quantity of laundry, but even so I probably could have had it done for about 100 Baht at many other places in town. I choose to go to this place, however, because they simply do a better job than anyone else, they iron everything, and they are really nice and have the cutest kids ever.
- 685 Baht @ the pharmacy: Multivitamins (220), Calcium + Vitamin D pills (380), and contact solution (85).
- 40 Baht for lunch—noodle soup and iced tea.

- 120 Baht for dinner at Good Health—tofu dish, rice, and lemon drink.

Total Food/Drink: 160 Baht Total Personal: 1,175 Baht Total Transportation: 0 Baht

TOTAL: 1,335 Baht

TOTALS FOR THE WEEK

Food/Drink Total: 645 Baht

Personal Total: 1,551 Baht

Transportation Total: 90 Baht

TOTAL: 2,286 Baht

Monday September 5, 2011

- 160 Baht @ Ciao Italia for lunch—Greek salad, water, and tip
- 26 Baht @ 7-11 for two large bottles of water
- 125 Baht for yoga class
- 254 Baht @ Tops Daily: water, juice, an apple, granola bar, chocolate bar, toothbrush (79) and mouth wash (79)

Total Food/Drink: 282 Baht Total Personal: 283 Baht Total Transportation: 0 Baht

TOTAL: 565 Baht

Tuesday September 6, 2011

- 44 Baht at Noonoy School—iced teas and snacks
- 220 Baht @ Ciao Italia for dinner with John and Janet

Total Food/Drink: 264 Baht Total Personal: 0 Baht Total Transportation: 0 Baht

TOTAL: 264 Baht

Wednesday September 7, 2011

- 125 Baht for yoga class
- 220 Baht @ Mister Donut for donuts for my Super class because it was my favorite student's birthday—I'm counting this as personal.
- 88 baht @ Tops Daily: 2 large waters, juice, apples, and sunflower seed bars
- 100 Baht for dinner at Good Health

Total Food/Drink: 188 Baht Total Personal: 345 Baht Total Transportation: 0 Baht

TOTAL: 533 Baht

Thursday September 8, 2011

- 44 Baht @ Noonoy: two iced teas and two snacks
- 125 Baht for yoga class

- 152 Baht @ Tops Daily: two large waters, apples, sunflower seed bars, juice, shower gel (49) and bath sponge (15)
- 70 Baht for gas to fill my motorbike
- 30 Baht for dinner at “Rice Lady”—basil chicken over rice
- 13 Baht for a yogurt at 7-11
- 300 Baht for phone credit—as always I’d like to give a disclaimer about phone credit—I am certain that I go through more than anyone else on staff and probably anyone ever will again. I have a habit of texting my boyfriend and both of my parents in America—and at 10 Baht a text message it can really add up.

Total Food/Drink: 175 Baht Total Personal: 489 Baht Total Transportation: 70 Baht
TOTAL: 734 Baht

Friday September 9, 2011

- 49 Baht @ Noonoy Schhol for snacks and teas
- 173 Baht @ 7-11: two large waters, one juice, big bag of cashews—which are just as expensive here as they are back home.
- 120 Baht for dinner at P. Roon’s with Janet, John, and Brittany.

Total Food/Drink: 342 Baht Total Personal: 0 Baht Total Transportation: 0 Baht
TOTAL: 342 Baht

Saturday September 10, 2011

- 200 Baht for lunch at Good Health
- 25 Baht at corner store for juice
- 145 Baht contribution to group Mexican dinner—fish tacos made by Michael, mmm.

Total Food/Drink: 370 Baht Total Personal: 0 Baht Total Transportation: 0 Baht
TOTAL: 370 Baht

Sunday September 11, 2011

- 25 Baht at corner store for milk
- 120 Baht at Ciao Italia for salad, water, and tip
- 170 Baht for dinner at Earth Zone

Total Food/Drink: 315 Baht Total Personal: 0 Baht Total Transportation: 0 Baht
TOTAL: 315 Baht

TOTALS FOR THE WEEK

Food/Drink Total: 1,936 Baht

Personal Total: 1,117 Baht

Transportation Total: 70 Baht

TOTAL: 3,123 Baht

Monday September 12, 2011

- 162 Baht at the print and copy shops for worksheets for Noonoy
- 100 Baht at Coffee Zone for drinks for Janet and I
- 125 Baht for yoga class
- 14 Baht at corner store for yogurt
- 270 Baht for laundry
- 150 Baht for dinner at Good Health
- 88 Baht @ 7-11: 2 large waters, 2 juices, raisin bread

Total Food/Drink: 352 Baht Total Personal: 557 Baht Total Transportation: 0 Baht

TOTAL: 909 Baht

Tuesday September 13, 2011

- 44 Baht @ Noonoy School: two snacks and two iced teas
- 20 Baht at a fruit cart for a bag of fresh pineapple
- 125 Baht for yoga class
- 151 Baht @ Tops Daily: 2 juices, 2 sunflower seed bars, one red apple, raisin bread, and a box of corn flakes.

Total Food/Drink: 215 Baht Total Personal: 125 Baht Total Transportation: 0 Baht

TOTAL: 340 Baht

Wednesday September 14, 2011

- 100 Baht at Coffee Zone for drinks for Janet and I.
- 125 Baht for yoga class
- 20 Baht at the market for chicken nuggets
- 14 Baht at the corner store for yogurt
- 140 Baht for dinner with Brittany

Total Food/Drink: 274 Baht Total Personal: 125 Baht Total Transportation: 0 Baht

TOTAL: 399 Baht

Thursday September 15, 2011

- 136 Baht at print and copy shops for Noonoy worksheet handouts
- 75 Baht at 7-11: two dumpling snacks, yogurt, and cashews.
- 125 Baht for yoga class
- 45 Baht at the night market for spring rolls and a fruit shake
- 100 Baht at the night market for a gift (t-shirt)
- 76 Baht at 7-11: two large waters and two juices.

Total Food/Drink: 196 Baht Total Personal: 361 Baht Total Transportation: 0 Baht
TOTAL: 557 Baht

Friday September 16, 2011

- 44 Baht @ Noonoy School: two snacks and two iced teas
- 354 Baht @ Sahathai for supplies for a special writing project with one of my Super classes, and art supplies for a Thidamaepra English camp.
- 50 Baht at Coffee Zone: iced coffee
- 100 Baht contribution to pizza party at John & Janet's
- 45 Baht @ 7-11: orange juice and pumpkin bread

Total Food/Drink: 239 Baht Total Personal: 354 Baht Total Transportation: 0 Baht
TOTAL: 593 Baht

Saturday September 17, 2011

- 10 Baht for iced tea at Thidamaepra
- 50 Baht for iced coffee from Impressions Coffee Shop
- 100 Baht to fill motorbike with gas
- 40 Baht @ 7-11 for snacks
- 650 Baht at massage place—2 hour massages for me and Janet (tonight was Janet's "bachelorette party" because next weekend is the wedding at Rabiangsai.
- 140 Baht for dinner—salad and iced tea
- 219 Baht @ Tops: juice, ice, and snack foods for the bachelorette party. (I am counting this as personal.)

Total Food/Drink: 240 Baht Total Personal: 869 Baht Total Transportation: 100 Baht
TOTAL: 1,209 Baht

Sunday September 18, 2011

- 200 Baht for brunch at Ciao Italia with Janet and Brittany
- 160 Baht for dinner at Good Health with Brittany, Janet, Anneliese, Ryan, and John.
- 94 Baht @ 7-11: two large waters and three juices

Total Food/Drink: 454 Baht Total Personal: 0 Baht Total Transportation: 0 Baht

TOTAL: 454 Baht

TOTALS FOR THE WEEK

Food/Drink Total: 1,970 Baht

Personal Total: 2,391 Baht

Transportation Total: 100 Baht

TOTAL: 4,461 Baht

Monday September 19, 2011

- 40 Baht at the print shop to print class lists for testing
- 60 Baht for lunch—chicken sandwich
- 85 Baht @ Tops: large water, juice, apples, granola bar, and cereal
- 20 Baht at Watson's Drug Store for Vitamin C pills
- 125 Baht for yoga class

Total Food/Drink: 145 Baht Total Personal: 185 Baht Total Transportation: 0 baht

TOTAL: 330 Baht

Tuesday September 20, 2011

- 25 Baht @ Noonoy School for tea and snacks
- 206 Baht @ Watson's Drug Store for medicine and vitamins
- 201 Baht @ Tops: Dried cranberries—125 Baht!—an occasional luxury, apples, juice, and two large waters
- 125 Baht for yoga class
- 130 Baht @ 7-11: two dumpling snacks, cashews, milk, cereal, juice, and yogurt

Total Food/Drink: 356 Baht Total Personal: 331 Baht Total Transportation: 0 Baht

TOTAL: 687 Baht

Wednesday September 21, 2011

- 120 Baht @ My Cup coffee shop for iced tea and a muffin
- 140 Baht @ Good Health for lunch—curry, rice, and a drink
- 60 Baht for dinner—tom yum with shrimp
- 25 Baht contribution to root beer float party with John, Janet, and Brittany

Total Food/Drink: 345 Baht Total Personal: 0 Baht Total Transportation: 0 Baht

TOTAL: 345 Baht

Thursday September 22, 2011

- 65 Baht @ Family Mart: two dumpling snacks and a juice
- 180 Baht for lunch at Ciao Italia: salad, fresh juice, tip
- 125 Baht for yoga class
- 492 Baht at Tops: bread, cereal, apples, 2 juices, 2 large waters, soy milk, peanut butter (always an expensive food buy—137 Baht), and a reusable shopping bag (139 Baht)

Total Food/Drink: 598 Baht Total Personal: 264 Baht Total Transportation: 0 Baht

TOTAL: 862 Baht

Friday September 23, 2011

- 54 Baht @ Noonoy School: snacks and iced teas
- 1,000 Baht at Love Studio—dress shop—rental of a traditional Thai dress for y bridesmaid's dress for John and Janet's "Wedding" at Rabiangsai in Khanom
- 20 Baht for watermelon from a fruit cart
- 360 Baht for laundry
- 140 Baht for dinner at Good Health

Total Food/Drink: 214 Baht Total Personal: 1,360 Baht Total Transportation: 0 Baht

TOTAL: 1,574 Baht

Saturday September 24, 2011

- 47 Baht @ 7-11: small water, apples, raisin cake
- 180 Baht total for transportation to the Rabiangsai resort in Khanom
- 15 Baht for a popsicle at Rabiangsai

Total Food/Drink: 62 Baht Total Personal: 0 Baht Total Transportation: 180 Baht

TOTAL: 242 Baht

Sunday September 25, 2011

- 40 Baht @ Rabiangsai for iced tea and a popsicle
- 200 Baht @ Rabiangsai for lunch: curry with shrimp, rice, and Pepsi
- 220 Baht total for transportation back home from Rabiangsai in Khanom
- 30 Baht at the corner store for yogurt and waters

- 140 Baht for dinner from Ciao Italia

Total Food/Drink: 410 Baht Total Personal: 0 Baht Total Transportation: 220 Baht

TOTAL: 630 Baht

TOTALS FOR THE WEEK

Food/Drink Total: 2,130 Baht

Personal Total: 2,140 Baht

Transportation Total: 400 Baht

TOTAL: 4,670 Baht

Monday September 26, 2011

- 160 Baht for my part of the month's electricity bill
- 100 Baht for phone credit
- 13 Baht @ 7-11 for a large water
- 200 Baht for dinner with the SE staff

Total Food/Drink: 213 Baht Total Personal: 260 Baht Total Transportation: 0 Baht

TOTAL: 473 Baht

Tuesday September 27, 2011

- 88 Baht for gas to fill my motorbike
- 110 Baht for lunch at Sweet Kitchen—chicken curry with rice and a mocha frappe
- 50 Baht @ MyCup coffee shop: iced tea + tip
- 101 Baht @ 7-11: apples, two juices, and two large waters
- 125 Baht for yoga class
- 25 Baht for noodles at the night market

Total Food/Drink: 286 Baht Total Personal: 125 Baht Total Transportation: 88 Baht

TOTAL: 499 Baht

Wednesday September 28, 2011

- 160 Baht for dinner at Good Health—curry, rice, two drinks.

Total Food/Drink: 160 Baht Total Personal: 0 Baht Total Transportation: 0 Baht

TOTAL: 160 Baht

Thursday September 29, 2011

- 110 Baht at the print shop
- 250 for yoga class for Brittany and I—part of Brittany's birthday present
- 20 Baht at the corner store for yogurt and rice cakes

- 530 Baht at Thai massage place—massage for myself + split cost of massage for Wen with Anneliese; + tip
- 30 Baht to get my motorbike tire fixed by a blind mechanic. No joke, dude was blind. And did an amazing job. For 30 Baht.
- 200 Baht @ Ciao Italia—last dinner with the whole staff. Delicious and sad all at the same time.
- 184 Baht at 7-11 for various junk food purchases (cookies, cakes, etc.) for a party tomorrow at Noonoy School—last day (counting this as personal).

Total Food/Drink: 220 Baht Total Personal: 1,074 Baht Total Transportation: 30 Baht
TOTAL: 1,324 Baht

Friday September 30, 2011

- 54 Baht at Noonoy School: two notebooks (20 Baht), iced tea, and snacks
- 170 Baht @ Good Health for dinner

Total Food/Drink: 204 Baht Total Personal: 20 Baht Total Transportation: 0 Baht
TOTAL: 224 Baht

TOTALS FOR THE WEEK

Food/Drink Total: 1,083 Baht	Personal Total: 1,479 Baht
Transportation Total: 118 Baht	TOTAL: 2,680 Baht

TOTALS FOR THE MONTH

Food/Drink Total: 7,764 Baht	Personal Total: 8,678 Baht
Transportation Total: 778 Baht	TOTAL: 17,220 Baht

Reflections:

Because it was my last month in Thailand I was not very frugal about food purchases. I did a lot of eating at my favorite restaurants, and those restaurants are very expensive compared to the cost of food at many other places. For example, every time I went to Good Health I spent about 140 Baht. You can get a complete meal for 30-50 Baht at many restaurants and shops. So really I spent four times as much on many meals than what's necessary. You can eat a lot cheaper than I did this month.

And maybe I should have, being that I'm going home to unemployment, but I really wanted to enjoy all the food before I couldn't get it anymore.

I am actually pretty disappointed in myself at the end of this month—I spent a lot of money. I should have saved way more than I did. As always, however, I did not spend as much as I made and I was able to save a good amount. So if you are even just a little bit more financially responsible than I am, imagine what you can accomplish. I am going home the first week of October, so this is my last Financial Journal ever. I will end it on this note—even though I spent money like I'm rich and I'm really bad at saving, between my savings, salary, bonus, and sale of my motorbike I am going home with roughly 90,000 Baht (or about \$3,000).

Working in Thailand gives you the life you've always dreamed of, but could never afford, being a young teacher. Here you can save while you enjoy the best of everything. It's a truly incredible experience and I would recommend it to anyone. Goodbye!