

MON	TUE	WED	THU	FRI
<p>Most Entrees Cooked from Scratch Organic Produce Served when Possible, Conventional Produce Follows the "Shoppers Guide to Pesticides" Methodology to Reduce Potential Pesticide Exposures up to 92%</p> <p>We Feature Humanely Raised Meats Milk is Hormone & Antibiotic Free Snack Rotation Subject to Change</p>	<p>Breakfast Portion Grain/Bread: 1/2 slice, 1/2C, or .5 oz Fruit: 1/2C Milk: 3/4C or 1/2C <2 yr</p> <p>Lunch Portion Meat/Alt 1.5 oz, Grain/Bread 1/2 slice or 1/4C, Veg & Fruit (2 types) 1/2C total, Milk 3/4 cup or 1/2 cup <2 yr</p> <p>PM Snack Portion Veg or Fruit 1/2C, Meat/Alt 1 oz or 1/4C Grain /Bread: 1/2 slice or 1/3C or .5oz</p>		<p>1</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Baked Chicken Tenders, Seasonal Veggies and Fruit</p> <p>PM Snack Fresh Veggie Sticks with Ranch Dipping Sauce</p>	<p>2</p> <p>Breakfast Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p>Lunch Cheese Pizza with Veggies & Seasonal Fruit</p> <p>PM Snack Veggie Straws with Creamy Avocado Yogurt Dip</p>
<p>5</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Pasta with Meat Sauce, Seasonal Veggies and Fruit</p> <p>PM Snack Wheat Mini Pretzels & Cheddar Cubes</p>	<p>6</p> <p>Breakfast Zucchini Bread & Seasonal Fruit</p> <p>Lunch Green Chili Enchiladas, Seasonal Veggies and Fruit</p> <p>PM Snack Breadsticks with Marinara</p>	<p>7</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Chicken and Veggie Pot Stickers, Seasonal Fruit and Veggies</p> <p>PM Snack Carrot Sticks with Ranch Dipping Sauce</p>	<p>8</p> <p>Breakfast Overnight Oats (cold) with Seasonal Fruit</p> <p>Lunch Shepherd's Pie, Seasonal Fruit and Veggies</p> <p>PM Snack Celery Sticks with Hummus Dip</p>	<p>9</p> <p>Breakfast Waffles and Jelly Seasonal Fruit</p> <p>Lunch All American Burger, Seasonal Fruit & Veggies</p> <p>PM Snack Egg Salad with Crackers</p>
<p>12</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Buttermilk Pancakes with Chicken, Veggies and Seasonal Fruit</p> <p>PM Snack Gourmet Wheat Thins & Mozzarella String Cheese</p>	<p>13</p> <p>Breakfast Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p>Lunch Bean and Cheese Soft Tacos, Veggies and Seasonal Fruit</p> <p>PM Snack Chex Mix</p>	<p>14</p> <p>Breakfast Mini Muffin & Seasonal Fruit Fruit</p> <p>Lunch Pasta with Grilled Chicken, Butter and Parmesan, Seasonal Veggies and Fruit</p> <p>PM Snack Shelled Edamame</p>	<p>15</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Sweet and Sour Chicken, Seasonal Veggies and Fruit</p> <p>PM Snack Fresh Veggie Sticks with Ranch Dipping Sauce</p>	<p>16</p> <p>Breakfast Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p>Lunch Pepperoni Pizza with Veggies & Seasonal Fruit</p> <p>PM Snack Veggie Straws with Creamy Avocado Yogurt Dip</p>
<p>19</p> <p>Presidents' Day Holiday</p>	<p>20</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Baked Potato Skins with Bacon, Seasonal Veggies and Fruit</p> <p>PM Snack Breadsticks with Marinara</p>	<p>21</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Hamburger, Seasonal Veggies and Fruit</p> <p>PM Snack Carrot Sticks with Ranch Dipping Sauce</p>	<p>22</p> <p>Breakfast Overnight Oats (cold) with Seasonal Fruit</p> <p>Lunch Baked Chicken Tenders with Seasonal Veggies and Fruit</p> <p>PM Snack Celery Sticks with Hummus Dip</p>	<p>23</p> <p>Breakfast Waffles and Jelly Seasonal Fruit</p> <p>Lunch Ranch Turkey Wrap, Seasonal Fruit & Veggies</p> <p>PM Snack Egg Salad with Crackers</p>
<p>26</p> <p>Breakfast Whole Grain Cereal & Milk with Seasonal Fruit</p> <p>Lunch Egg and Cheese Breakfast Sandwich with Seasonal Veggies and Fruit</p> <p>PM Snack Gourmet Wheat Thins & Mozzarella String Cheese</p>	<p>27</p> <p>Breakfast Mini Bagels with Cream Cheese & Seasonal Fruit</p> <p>Lunch Mandarin Orange Chicken with Seasonal Veggies and Fruit</p> <p>PM Snack Chex Mix</p>	<p>28</p> <p>Breakfast Mini Muffin & Seasonal Fruit Fruit</p> <p>Lunch Indian Rice with Chickpeas, Seasonal Veggies and Fruit</p> <p>PM Snack Shelled Edamame</p>		